

# Today's MMU: 9-8-8 launches as a nationwide mental health crisis and suicide prevention number

## News

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### Prime Time's Community Empowerment Program RFP 2022-2023 Application

Prime Time Palm Beach County seeks individual contractors or organizations who can deliver direct service programming to youth residing in Riviera Beach, Belle Glade, Pahokee and South Bay, with varied learning experiences through high-quality enrichment activities that are intended to supplement, not replace, existing out-of-school time programming. Promoting equity and diversity are important tenets of Prime Time's core values. To that end, we seek individual contractors or organizations that employ culturally competent professionals who understand that supporting

<p><b>Apply for the Betty Bell Scholarship!</b></p> <p>Families First is still accepting applications for the Betty Bell Scholarship! This scholarship is awarded to an individual who is currently enrolled in a Masters' of Social Work, Marriage and Family Therapy or Counseling program in an accredited university in Florida. The individual must have a history of and currently maintain a minimum GPA of 3.0 and have intentions of seeking employment in Palm Beach County. The Board of Directors will be awarding this scholarship to a student who will be seeking a career in working with children and families. The scholarship winner is selected by the Board of Directors and will be given the scholarship at the Annual Children's Day Luncheon which will be held</p>	<p><b>Providers/Individual wanted for community empowerment program in Riviera Beach, Belle Glade, Pahokee and South Bay</b></p> <p>Prime Time Palm Beach County seeks individual contractors or organizations who can deliver direct service programming to youth residing in Riviera Beach, Belle Glade, Pahokee and South Bay, Florida, that is intended to supplement, not replace, existing out-of-school time programming. Content areas include discovering arts and culture, exploring technology, supporting school-day academic learning, caring for the whole child, and leadership and career pathways. Promoting equity and diversity are important tenets of Prime Time's core values. <a href="#">Click here</a> to learn more.</p>	<p><b>Lost Tree Foundation's 2023 Grants Program is now open for applications</b></p> <p>The Lost Tree Foundation encourages thoughtful requests from local nonprofit 501(c)(3) health and human service organizations working within our geographic giving area. Projects submitted for consideration should demonstrate strong community needs, have clearly defined objectives and include strategic plans for implementation. The Foundation is deeply committed to the well-being of all residents of Palm Beach and southern Martin Counties. Funding requests should be targeted to improving the quality of life for the underserved and underprivileged. The Foundation's geographic area of concern extends from Delray Beach in southern Palm Beach</p>
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How do you build a strong reader? In this video, you'll learn specific tips on how you can help your child strengthen their reading skills by reading together and reading out loud. Time spent reading together is

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## Events

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9 a.m. - 1 p.m.  
Dolly Hand Cultural Arts Center  
1977 SW College Dr.,  
Belle Glade

The Office of Community Revitalization and Florida Rural Legal Services are hosting the Back to School PBC! event in Belle Glade. This free public event will have free immunizations, free books, raffles,

### **WPBCAT/ABCI Career Fair**

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The West palm Beach Center for Arts and Technology and the Associated Builders and Contractors Institute is hosting a career fair and intro course the week of Aug. 22 - 26. Job applicants that receive an offer from an employer would come back for the rest of the week to

### **Purposely Fitted**

Saturday, Aug. 13  
1 - 4 p.m.  
1212 US Highway 1 H-2  
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Join Comprehensive Breast Center of the Palm Beaches at Good Samaritan Medical Center and Freeprenuers, Inc. for a day of learning about breast health, bra fittings and the importance of mammograms: the earlier the testing, the earlier the treatment. Enjoy lite bites and refreshments. [Click](#)

<p><b>Florida Department of Health Programs</b></p> <p>The Florida Department of Health (FDOH) is hosting the following programs:</p> <ul style="list-style-type: none"> <li>• Roar 8-week ongoing mentoring support group: Learn life skills to gain self-employment, unique psychoeducational class component. Call 561.946.8189.</li> <li>• Sunrise/sunset community yoga: ongoing gentle yoga by the water with Sandy. Sunrise Mondays in Lake Park and Sunset Thursdays on</li> </ul>	<p><b>BRIDGES at Boynton Beach Back to School Health Fair</b>  Saturday, Aug. 6  10 a.m. - 2 p.m.  St. John Missionary Baptist Church,  900 N. Seacrest Blvd.  Boynton Beach</p> <p>Join in on this free event! There will be music, raffle prizes, food and activities for all to enjoy. BRIDGES will be providing each school aged child with a backpack filled with school supplies and will also be offering school physicals among many more community resources and services. For more</p>	<p><b>5K Run for School &amp; Community Mass Violence Awareness &amp; Prevention</b>  Saturday, Sept. 17, 8 a.m.  Okeeheelee Park  7715 Forest Hill Blvd.,  West Palm Beach</p> <p>Mass violence is a serious public health threat for our schools and communities. Aware&amp; Care Palm Beach County provides critical information about warning signs and indicators which could signify a person is in crisis and in need of immediate intervention. Join them and other advocates for a 5K Walk and Run to help bring awareness to</p>
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## Trainings

<p><b>Attachment and Positive Discipline</b>  August 20  10 a.m. - 12 p.m.</p> <p>This training reviews the definition and the neurobiology of attachment. In addition, the types of attachment as well as their short-term and long term impact on child and adult well-being are addressed. Ways in which early childhood professionals can support secure attachment are discussed. Often times, discipline seems to be viewed as going against a healthy parent-child relationship. This presentation focuses on the use of positive discipline and how it can support a healthy caretaker-child relationship. <a href="#">Click here</a> to register.</p>	<p><b>A Strength Based Practice: Faith and Agency in Infant Mental Health Services utilizing an Affirmative Lens</b>  Aug. 9, 16, 22  Online webinar</p> <p>Exploring best practice and research, this training will examine the cultural parameters of faith in counseling and family services. Additionally, this learning experience will educate professionals on how to scaffold clinical outcomes when working with children whose parents are seeking a faith-based approach to healing. Dr. John Draper, Project Director of the National Suicide Prevention Lifeline, states that spirituality is the number one factor in supporting the prevention of suicide or aiding recovery from substance abuse. Moreover, in times of</p>	<p><b>Center for Child Counseling Clinical Workshops</b>  Virtual</p> <p>Join Center for Child Counseling for a live clinical series with Dr. Jon Sperry. Dr. Sperry is an Associate Professor in the Clinical Mental Health Counseling Program at Lynn University and is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University. He is currently the co-editor of the Journal of Individual Psychology (JIP). He has co-authored six psychotherapy textbooks and has given lectures in 22 different countries. <a href="#">Click here</a> to learn more and to register.</p>
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<p><b>CSC Training: Effective Leadership</b>  Aug. 1 and 8  9 a.m. - 1 p.m.  Online webinar</p> <p>The call to leadership is one that some people appear to naturally be more adapted to, a role some grow into and others have thrust upon them. However, like IQ and EQ, leadership can also be measured and represented as this is known as leadership quotient. How do you measure up? Join this Effective Leadership training for supporting leaders on their journey to maximizing their full leadership potential. We put our</p>	<p><b>The Growing Brain from Birth to 5 Years</b>  Wednesdays through July 27 or Saturdays, Sept. 17 - Oct. 29  9 - 10:30 a.m.  Via Zoom</p> <p>This innovative training curriculum focuses on evidence-informed knowledge and strategies with which to prepare professionals who work with infants and young children for their vital role in building healthy brains. The curriculum fills a unique niche by providing a comprehensive understanding of how the brain develops, along with</p>	<p><b>Center for Child Counseling Clinical Workshops</b>  Virtual</p> <p>Join Center for Child Counseling for a live clinical series with Dr. Jon Sperry. Dr. Sperry is an Associate Professor in the Clinical Mental Health Counseling Program at Lynn University and is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University. He is currently the co-editor of the Journal of Individual Psychology (JIP). He has co-authored six psychotherapy textbooks and has given lectures in 22</p>
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**Stay Connected!**

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