

# Senior Friendly Fitness

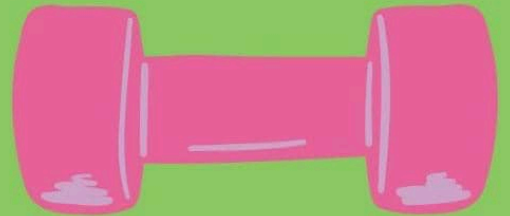
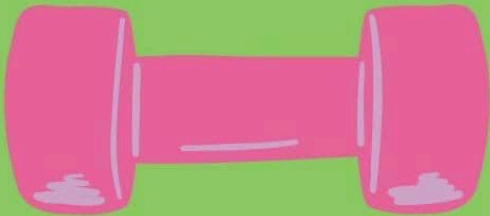
**EJERCICIO DIARIO  
CON**

**Monday-Friday  
9:30 am- 10:45 am**

**Lunes-Viernes  
De 9:30 a 10:45**



**West County Senior Center  
2916 State Road #15  
Belle Glade, FL 33430**



**Division of Senior and Veteran Services**

**Palm Beach County Board of County Commissioners**

Gregg K Weiss, Mayor,  
Maria Sachs, Vice Mayor  
Maria G. Marino

Michael A. Barnett, Marci Woodward, Sara Baxter, Mack Bernard  
**County Administrator** Verdenia C. Baker

