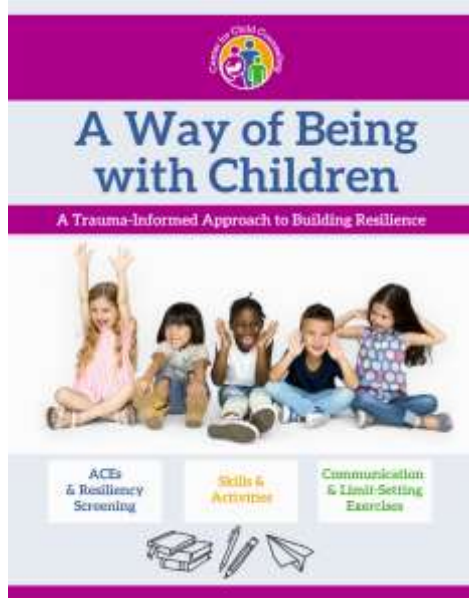




Playful. Healthful. Hopeful.

A Way of Being with Children





A Trauma-Informed Approach to Building Resilience

Based on over 20 years of work in childcare centers and schools in Palm Beach County, *A Way of Being with Children* is an 80-page educational guide for parents, caregivers, and teachers of young children.

The manual provides the framework for building specific skills, covering over 35 topics, including:

- The Impact of Stress on the Developing Brain
- Resiliency and Emotional Intelligence
- How to Create Good Reflection
- Empowering the Relationship with Choices

Coming Soon...

Our *A Way of Being with Children* curriculum will be online! Hosted on our learning management system, this interactive curriculum will be available for childcare staff, teachers, parents, and caregivers anytime!

Interested in bring the A Way of Being curriculum to your childcare center or school? [Email us for more information.](#)

Parenting Tip: Setting Limits

At Center for Child Counseling, we are developing resources to support parents, teachers, and other caregivers of children or teenagers.

Check out this new video of our Child First Therapist Kimberley Small talking about the "ACT" Model, a simple way to set a limit.

Establishing Limit Setting with ACT:

Acknowledge the feeling, Communicate the limit, and Target an alternative. Watch the video to learn the technique!



Free, Online Workshops for Parents



We are actively building our resources to support parents and caregivers! Our goal is to provide helpful, reliable, and scientifically-sound tips and resources that help children and teens heal after traumatic experiences, cope with loss or stress, and build resilience.

Check out some of our [free workshops](#) designed for parents and caregivers in mind. We are also developing other resources, from ways to play with your child, to calming exercises, and crisis resources. [Click here](#) to visit the resources area of our website.

[Learn More Here](#)

Online Learning for Professionals



Earn CEUs From the Comfort of Your Home!

Through our Institute for Clinical Training, we provide an array of live or online learning opportunities for professionals, providing CEUs, CLEs, and Play Therapy credits.

For schools and organizations, our ACEs and Trauma-Informed Care workshops provide participants with knowledge and effective strategies that they can immediately implement to mitigate the impact of ACEs or trauma, while promoting resilience and well-being.

We provide intensive training for individuals, schools, agencies, and communities. Training options include live or online training, using our Learning Management System with on-demand access for 30 days. Our live workshops are individualized for each setting, with practical strategies to integrate strategies into your work with children and their caregivers. [Email us](#) or click the link below for more information.

[Learn More Here](#)

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