

**Inter-Agency Network Meeting: February 6th, 2024 9:00 am**

IAN of PBC <patrice.schroeder-211pbtc.org@shared1.ccsend.com>

Fri 2/2/2024 8:06 PM

To:Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

**"Together...making a world of difference!"**

*All Are Welcome!*

Thank you for your participation in one of Palm Beach County's oldest  
"community-wide" networking groups!

## **February 6th, 2024 9:00 am Meeting**

Meetings run the First  
Tuesday of each month August-June  
(we are off July)

In-Person:

Mounts Auditorium, 531 N Military Trail,  
West Palm Beach, FL 33415  
(building located right on Military) Until further notice

Virtual Option:

<https://us02web.zoom.us/j/88659280348?>

[pwd=QU9KQo5KSDFHOE5nbDJhQklyRENSUTo9](#)

[Click here](#)

*To add to calendar and or to attend via phone*

## Meeting Chat Notes

### ***CHAT from the January IAN Meeting***

Click here to get monthly meeting invites

## Guest Speakers Jan Meeting

### **The Palm Beach County Behavioral Health Coalition**

**Susan Foley, Project Specialist**

Palm Beach County Behavioral Health Coalition

561-374-7627

*SusanFoley@pbcchc.org*

*pbcchc.org*

was created to give parents, youth and neighborhoods the tools to continue building a healthier, drug free community.

By bringing together teens, parents, educators, business owners and other partners, we coordinate activities, provide information, and organize public awareness campaigns to steer youth and adults away from harmful decisions and towards program and support services

# Community Activities

**Note: please reach out to the agencies themselves for any additional information- as I am merely the messenger!**

This Festival has the goal of continuing open conversations on mental health and educating the community and underserved populations about available mental health and other community resources. The event is open to all. Vendors are at capacity.

Please visit [www.westpalmbeachmentalhealth.com](http://www.westpalmbeachmentalhealth.com)

or call Pam Frazier at (561) 660-8156

## Recently lost or denied Medicaid or CHIP coverage?

Visit [HealthCare.gov](https://www.healthcare.gov) now to see if you're eligible for a special enrollment period, and if you can get help lowering monthly premium costs: Visit [Healthcare.gov](https://www.healthcare.gov).

Health Council of Southeast Florida has a team of Certified Application Counselors that can also help. Give them a call at 561.469.8202.

## Community ID Events

We are pleased to announce the following **Community ID** events for February 2024:

**February 8 - Hours: 5pm - 8pm**, Lantana Branch Library, 4020 Lantana Road, Lake Worth

**February 15 - Hours: 5:30 pm to 7:30 pm**, Greenacres Branch Library, 3750 Jog Road, Greenacres

**February 22 - Hours: 10am - 4pm**, Mandel Public Library, 3rd Floor, Clematis Room, 411 Clematis Street, WPB

**February 27 - Hours: 5pm - 7pm**, Belle Glade Branch Library, 725 NW Fourth Street, Belle Glade

The above events are open to the public.

**In an effort to expand our site locations and broaden our reach, we welcome an opportunity to collaborate with organizations. If you would like to host a Community ID event, please contact me. We can assist you with planning an event that fits you and the community you serve needs.**

**Thank you to the organizations who hosted Community ID events in January 2024.**

Attached are copies of flyers. Please feel free to disseminate.

Regards,

Sol Couto  
Program Coordinator  
Community ID of the Palm Beaches  
Legal Aid Society of Palm Beach County, Inc.  
423 Fern Street, Ste 200  
West Palm Beach, FL. 33401  
Tel.: 561-655-8944 Ext. 146

If you haven't already done so please save the date for the **FREE All People's Day Diversity Festival at Pompey Park** in Delray for Sat. March 30, 2024, from 11am to 3pm. Kids free Craft Dough People workshop from 9:30 to 11:00. For the first

time we won't be having the festival during the school break!

I collect names and contacts all year round and put them on lists to be used by our committees in September. So email any to me with the name, email and phone. These are the categories':

- 1) If you or your business want to be Sponsors getting great perks
- 2) Sign up for a \$35 Selling Booth plus raffle prize or a free Non Selling Booth that is interactive.
- 3) To volunteer at the festival and get a free APD Tee-Shirt
- 4) Sign up for kids Ages 4 to 11 who want to attend the free Craft Dough People Workshop. Our website also has a free video so you can make this project any time.

THANKS IN ADVANCE and check out our website below to see photos of the 2023 festival and more.!

CONTINUE TO HAVE A GREAT SUMMER!

PEACE & LOVE,  
Susan

Susan Berkowitz-Schwartz  
Founder / President of All People's Day, Inc.  
(561) 495-9818  
<http://www.allpeoplesday.org>

S.M.A.C.K.

**[Click Here: Vendor Registration Form](#)**

[\*\*Adult Education Calendar- Click here\*\*](#)

## Simple Ideas & Mindfulness

### Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.

*A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.*

### Other Resources

[\*\*Building Resiliency- click here\*\*](#)

*Also let someone you trust know how they can best support you...*

[\*\*Vibrant Emotional Health- Safe Space\*\*](#)-for available coping tools & strategies

*"We are in this together!"*

Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

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