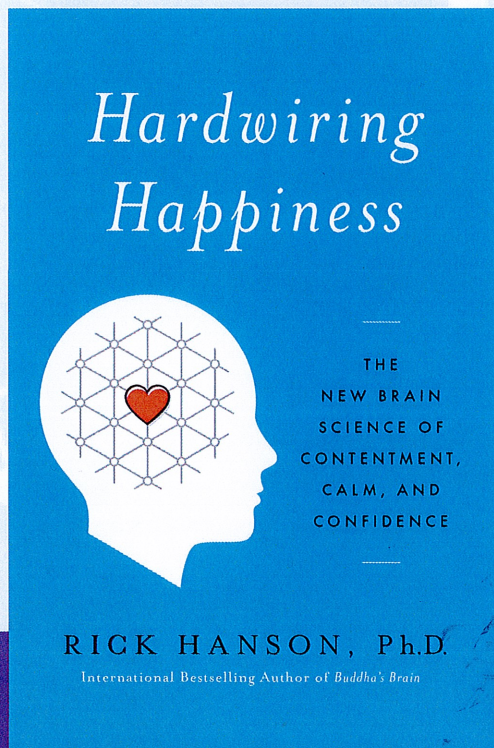


TRAIN THE BRAIN

Afternoon Tea & Book Club

Join the conversation around brain health by reading *Hardwiring Happiness* with us! *Train the Brain* is partnering with NAMI Palm Beach County and Healthier Glades to feature this brain health-focused book during NAMI's October book club meeting. **The meeting will begin with a brief guided meditation.** We can't wait to sip tea and share book takeaways with you!



Saturday, October 13, 2018

3:30 pm - 5:00 pm

Loula V. York Branch (Pahokee) Library
525 Bacom Point Rd.
Pahokee, FL 33476

FREE TO PARTICIPATE

Register at:

<https://afternoon-tea-book-club.eventbrite.com>

Questions?

Contact 561-588-3477



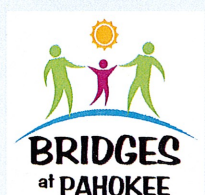
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Palm Beach County



Healthier Glades
Unlocking Our Community Strengths



MERRELL FAMILY
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