

Don't Miss Out: FREE Upcoming Trainings Inside!

Center for Child Counseling, Inc. <renee@centerforchildcounseling.ccsend.com>
on behalf of

Center for Child Counseling, Inc. <info+centerforchildcounseling.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

Promoting Healing and Resilience

May is [Mental Health and Trauma-Informed Care Awareness](#) Month. The theme this year is *Resiliency and Community Healing*. Get your green on and join us in May for opportunities to learn, heal, and grow!

Through our Institute for Clinical Training, we are building professional, caregiver, and community capacity to effectively intervene and create buffering relationships for children, helping them **heal** and develop lifelong **resilience**.

Learn more about our Institute for Clinical Training and workshops on [our website](#).

Upcoming Live Workshops

Healing the Healers

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

In this intensive live, virtual workshop, participants will learn about:

- Defining the Role of a Healer/Helper
- Types and Causes of Stress
- Biology and Physiology of Stress
- Exploring ACEs & Their Relationship to Stress and Well-Being
- Impacts of Stress: (1)Burnout, (2)Vicarious Trauma, (3)Compassion Fatigue
- Challenges Faced by Specific Groups of Helpers/Healers
- COVID-19 and the Impact on Helpers/Healers
- Self-Care & Resilience Building

Date and Time: May 11th, 2023 from 9:00 am - 1:00pm **Cost: FREE!**

[Register Now](#)

Ready, Reset, Grow!

Spring into Self-care during Mental Health Awareness and Trauma-Informed Care Month with self-care activities brought to you by Center for Child Counseling, [Tomorrow's Rainbow](#), and the [Children's Bereavement Center](#).

There is no cost for this live, online webinar. Mental health professionals (State of Florida LCSW, LMHC, and LMFT) can **earn 1.5 CEUs for only \$10**.

Date and Time: May 16th, 2023 from 12:00 pm - 1:30 pm. **Cost: FREE!**

May 18th is "Get Your Green On" Day in Palm Beach County! Join us and show your support by

wearing green and promoting awareness in your business and community.

[Register Now](#)

Positive and Adverse Childhood Experiences (PACES)

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

General introduction to PACEs and Toxic Stress, most appropriate for anyone interested in learning more about positive and adverse childhood experiences and what we can all do to foster resilience. By shifting our perspective and recognizing that behaviors may be fueled by feelings a child may not be able to manage, we can build the foundation to help children impacted by adversity.

In this intensive live, virtual workshop, participants will learn about:

- The ACE study
- Outcome and Findings of the ACE study
- What is Toxic Stress and its Impact on the Developing Brain throughout the Lifespan
- Impact of Early Adversity on Lifelong Health – Emotional and Physical
- What are PCEs and the difference between PACEs and ACEs
- Ways to create trauma-informed and resilience-building practices

Date and Time: May 16th, 2023 from 6:00 pm - 7:30 pm. **Cost:** **FREE!**

[Register Now](#)

Circle of Security Parenting Facilitator Training

COS is Essential Training for Infant and Early Childhood Providers

Trainer: Neil Boris, M.D.

Location: [Manatee Lagoon Eco Center](#), West Palm Beach

Date: October 10-13th, 2023

Cost: \$1,000 (group discounts available) \$100 discount for [Florida Association for Infant Mental Health](#) members! [Email FAIMH](#) for the code.

Circle of Security International focuses on training providers to help caregivers connect with the children in their lives. The Circle of Security figure is a central visual used as part of interventions for caregivers, all of which are focused on helping caregivers reflect upon children's attachment needs in order to promote secure attachment with a child.

In this live, in-person workshop, participants will learn about:

- Identify the fundamentals of attachment theory and key concepts of the Circle of Security approach.
- Identify the features of a safe learning environment for caregivers.
- Identify the ways in which a Facilitator can teach caregivers to use quality of relationship enhancement rather than behavior management.
- Identify steps the Facilitator can take to build self-reflection in caregivers.
- Explain how to facilitate the COSP model using video examples of parent-child relationships, the COSP Facilitator manual, and handouts.

[Learn more](#) about the Circle of Security.

[Register Now](#)

On-Demand Workshops

Get Your Green On Training Deals!

During Mental Health Awareness and Trauma-Informed Care Month, use the code "GYGO23" to access the virtual, on-demand workshops below for free. **Earn CEUs at no cost for a limited time only.**

Don't miss out on this exclusive deal to access amazing trainings before it's too late. Once registered, you will have 30 days to complete the training.

Healing the Healers

Feeling stressed? ... Burnt-out? ... Overworked?

There is a saying: "You can't pour from an empty cup..." If you consider yourself a healer or helper and you constantly GIVE – now it is your time to TAKE! Refill your cup now.

This 4-hour training is designed to address the stress and various challenges faced by helpers and healers in the medical, mental, and behavioral health professions.

Participants will learn:

- Defining the Role of a Healer/Helper
- Types and Causes of Stress
- Biology and Physiology of Stress
- Exploring ACEs & Their Relationship to Stress and Well-Being
- Impacts of Stress:
 - Burnout
 - Vicarious Trauma
 - Compassion Fatigue
 - Challenges Faced by Specific Groups of Helpers/Healers
- COVID-19 and the Impact on Helpers and Healers
- Self-Care & Resilience Building

Cost before the GYGO Deal: \$250 without CEUs or \$275 with 4 State of Florida CEUs for LCSW, LMHC, and LMFTs.

Cost with promo code GYGO23: FREE!

[Register Now](#)

ACEs: Trauma to Resilience

This 2.5 hour virtual workshop provides an overview of the Adverse Childhood Experiences (ACEs) Study, the Impact of ACEs, Brain Development, Results of ACEs, and Resilience.

Participants will learn:

- Outcomes and findings of the ACEs study;
- The impact of ACEs on lifelong health;
- Definition of toxic stress and its impact on the developing brain;
- The potential results of ACEs; and
- The importance of resilience and how it is built.

Cost before the GYGO Deal: \$35 without CEUs or \$45 with 2.5 State of Florida CEUs for LCSW, LMHC, and LMFTs.

Cost with promo code GYGO23: FREE!

[Register Now](#)

A special thank you to [United Way of Palm Beach County](#) for sponsoring our PACEs and TIC workshops. [Click here](#) for Palm Beach County TIC resources and our [ACEs Toolkit](#).

Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Director of Education and Prevention Services at Center for Child Counseling.

Are you passionate about working with children and teens? Join our growing team! [Visit our career page](#) to learn about current employment opportunities, benefits, and more.

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