

IAN: July-Aug Updates 2022

Inter-agency Network of PBC <patrice.schroeder+211pbtc.org@ccsend.com>

Fri 7/29/2022 1:47 PM

To: Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"

All Are Welcome!

Thank you for your participation in one of Palm Beach County's
oldest "community-wide" networking groups!

Next Meeting:
September 6th, 2022

(First Tuesday of each month Sept-June)

Start time 9:00 am

held via ZOOM until further notice.

Zoom Link will be sent out end of July

This email is for update purposes

Presentation from June Meeting

Palm Beach County Behavioral Health Coalition and The Hub

[PBCBHC & HUB PowerPoint](#)

[June 7th Meeting Chat](#)

Other Events & Resources

211 Palm Beach and Treasure Coast is now hiring!

[Click Here For Job Openings](#)

BACK-TO-SCHOOL EVENTS

Please email Judi.Hechtman@211pbtc.org if your organization will be hosting a back to school event that will be open to the public.

If there is a registration required please let Judi know.

We are creating a list of these events for the public.

Those events currently posted can be found:

<https://211palmbeach.org/news/backtoschool>

Hurricane Preparation/Recovery Efforts

if your agency will provide these types of hurricane related services
or activities

upload this information via our easy to submit form at:

<https://211palmbeach.org/submit-a-resource>

<https://www.surveymonkey.com/r/7TCB6LY>

[Click here for more information...](#)

To find a location, text “FoodFL” to 877-877 or dial 2-1-1 when
schools begin releasing for the summer break or [click here](#)

[Click Here- Meal Site Locator](#)

MENTAL HEALTH SERVICES NOW AVAILABLE

visit www.thein-crowd.org to learn more

Click here: [WPTV Priced Out of Paradise Series](#)

The Housing Crisis Continues As A Hot Topic

At some level we are all experiencing this...increased rents, homeowners insurance, and property taxes.

How can we as service providers and community members make a difference?

- Have yourself, family, staff, struggling clients reach out to our legislatures and city officials
<https://www.flsenate.gov/senators/find>
- Attend County & City Council meetings...there is public comments section.
- Simply attend the HHA meetings- several work groups to

choose from in addition to the general meeting*

- Collect & prepare to share client stories without identifying information

local authorities and legislative reps like to quantify-to tailor
& target response

- Think about doing an anonymous survey of your staff and their experiences with rent increases and concerns.
- Do a similar survey for your clients
- Attend the Homeless & Housing Alliance meetings to share & gather info

***The Homeless & Housing Alliance (HHA)
General Meeting takes place the
4th Thursday of each month
2:30pm - 4:00pm.
Community Center Conference Room
1400 MLK Jr. Blvd, Riviera Beach, FL 33404**

To get on email distribution list email:

Maria Bond

mbond@pbcgov.org

Homeless Program and Contract Manager

Division of Human Services

810 Datura St. 2nd Floor

West Palm Beach, FL 33401

561-355-4779

Note: The HHA Support Services Pillar committee meets the first Friday of every month from 9:00am to 10:00am at 810 Datura Street, 2nd Floor conference room with a new virtual option available via zoom at the link below. Please join us if any of the goals listed below intersect with the work you are involved with.

Join Zoom Meeting

***[https://pbcgov.zoom.us/j/85200641591?
pwd=yfGD9gGycdHHfjX6xiEqMaZHR5LAU7.1](https://pbcgov.zoom.us/j/85200641591?pwd=yfGD9gGycdHHfjX6xiEqMaZHR5LAU7.1)***

Zoom Log-in

Will be looking into new meeting space for in-person meetings. TBD

Add Your Email

[Click here to get monthly invites](#)

Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise

A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

[*Building Resiliency- click here*](#)

Also let someone you trust know how they can best support you...

- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.

*Vibrant Emotional Health-
Safe Space*-for available coping tools & strategies

"We are in this together!"

Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

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