

Elevate your Expertise

Center for Child Counseling, Inc. <renee@centerforchildcounseling.ccsend.com>
on behalf of

Center for Child Counseling, Inc. <info+centerforchildcounseling.org@ccsend.com>

Fri 11/3/2023 6:25 PM

To:Updates <updates@gladesinitiative.org>

Upcoming PACEs and Trauma-Informed Workshops

PACEs: Building Trauma-Informed Communities

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

In this intensive live, virtual workshop, participants will learn about:

- Types of trauma, including individual and community levels;
- Brain development and neuroscience;
- About the stress response system, and the impact of toxic stress;
- An in-depth look at positive and adverse childhood experiences and its impact on the individual;
- ACEs in the community, including and overview of epigenetics and historical Trauma and toxic stress;
- A look at the impact of trauma and toxic stress on the mother and on the baby;
- The antidote to ACEs, Positive Childhood Experiences (PCEs); and
- About resilience, with early intervention strategies.

Date and Time: November 14th, 2023 from 9:00 am - 1:00 pm. **Cost: FREE!**

Register Here

ACEs: Trauma to Resilience

Hosted by Center for Child Counseling - Sponsored by United Way of Palm Beach County

In this intensive live, virtual workshop, participants will learn about:

- The ACE study, including the ACE Pyramid which provides the conceptual framework for the study.
- Outcome and findings of the ACE study.
- Definition of toxic stress and its impact on the developing brain throughout the lifespan.
- Impact of early adversity on lifelong health – emotional and physical.
- The ACEs and resilience surveys, including their own scores.
- How resilience trumps ACEs.
- The importance of creating trauma-informed and resilience-building practices based on the findings of the ACEs research.
- Role plays practicing effective communication strategies, including reflective statements.
- Shifting thinking and practice to become trauma-informed.

Date and Time: December 12th, 2023 from 9:00 am - 1:00pm **Cost: FREE!**

Register Here

A special thank you to [United Way of Palm Beach County](#) for sponsoring our PACEs and TIC workshops. [Click here](#) for Palm Beach County TIC resources and our [ACEs Toolkit](#).

Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Director of Education and Prevention Services at Center for Child Counseling.

Are you passionate about working with children and teens? Join our growing team! [Visit our career page](#) to learn about current employment opportunities, benefits, and more.

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