



## Contact Us Today!

To make an appointment or to learn more about the Children's Behavioral Health Collaborative, call **561.366.9400** or visit [boystown.org/south-florida](http://boystown.org/south-florida).

Children's Behavioral Health Collaborative partners include:



Boys Town South Florida  
[boystown.org/south-florida](http://boystown.org/south-florida)



Center for Child Counseling, Inc.  
[centerforchildcounseling.org](http://centerforchildcounseling.org)



Families First of Palm Beach County  
[familiesfirstpbc.org](http://familiesfirstpbc.org)



National Alliance on Mental Illness  
of Palm Beach County, Inc.  
[namipbc.org](http://namipbc.org)



The Florida Atlantic University  
Christine E. Lynn College of Nursing  
Community Health Center  
[nursing.fau.edu](http://nursing.fau.edu)



Children's Behavioral Health  
**Collaborative**



The Children's Behavioral Health Collaborative is funded through a grant from Palm Beach County, Community Services Department, Financially Assisted Agencies.

All services are provided without regard to gender, race, creed or ethnic background.



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## A New and Better Way to Find the Right Services for Your Child

The Children's Behavioral Health Collaborative takes behavioral and mental health services to a new level in Palm Beach County by:

- Making it easier for families to get the help their children need
- Providing services and supports to help children succeed in school, at home and in the community
- Ensuring children and their families have access to an array of services to meet their individual needs
- Giving families a voice and a choice in setting goals, creating their support team and following the best course of action to help them be successful
- Improving communication and cooperation between parents, children and other family supports

Connecting  
Children and Families  
with the Help They Need





# putting children and families first

**As a parent, you want what's best for your child.**

But when a serious behavioral, emotional or mental health problem threatens your child's happiness and well-being, you may not have all the answers.

Through the Children's Behavioral Health Collaborative, you'll find compassionate, effective help for the challenges your family is facing.

**The Collaborative** was started by five established Palm Beach County service providers, each offering its own unique and effective approach to care and treatment. These organizations provide a variety of compassionate services to children of all ages, as well as counseling for parents.

**As a parent**, you can request services through the Collaborative by calling **561.366.9400**, or you can go through a referral agency. Either way, the Collaborative will work with you to develop a plan, identify and access services, and get the help you need to meet your family's goals.

**The CBHC** will help your family navigate the sometimes complex service system to find the right services for your child.

**W**hen your child is suffering, you want a straightforward, no-hassle way of getting the right help so he or she can get better.

The Children's Behavioral Health Collaborative is the place you can turn to for healing and hope.

**The Children's Behavioral Health Collaborative** can help children with a wide variety of problems, including:

- » **Attention Deficit/Hyperactivity Disorder** (ADHD)
- » **School Problems**
- » **Anxiety and Worry**
- » **Depression**
- » **Anger Management**
- » **Following Instructions**
- » **Peer Relationships**
- » **Phobias**
- » **Eating Disorders**
- » **High-Risk Behaviors such as Truancy, Substance Abuse and Self-Harm**
- » **Trauma: Abuse and Domestic Violence Significant Mental Health Challenges**
- » **Complicated Grief**
- » **Avoidant and Isolating Behaviors**
- » **Transition Struggles**

