

PBC offers free meals to seniors

Press Release <PressRelease@pbcgov.org>

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To: Press Release <PressRelease@pbcgov.org>



For immediate release:

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For more information:

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Palm Beach County Senior Centers Offering Breakfast and Lunch at Congregate Meal Sites

The Division of Senior and Veteran Services invites local seniors and veterans age 60 and older to take part in free breakfast and lunch options at various sites throughout the county. This is an ongoing program provided by Palm Beach County Community Services Department, the Area Agency on Aging and the Department of Elder Affairs.

The program provides nutritious meals to eligible seniors at nutrition sites, senior centers or other group settings and are offered at no cost. The congregate meal program also provides older adults with the opportunity for socializing with other seniors at the meal sites.

Eligibility Requirements:

- Palm Beach County resident
- Individuals 60 years of age or older
- Spouse of a 60+ years-of-age person who eats at the meal site
- Disabled individual residing in the home of a 60+ years-of-age person who eats at the meal site
- Individual residing in a housing facility where a meal site is located
- Any age individual providing volunteer services at a site during a meal

A complete list of meal times and locations are below:

Palm Beach Gardens	West Palm Beach	Belle Glade & South Bay
<u>North County Senior Center</u> Monday - Friday 8:30 a.m. - Breakfast Noon - Lunch 5217 Northlake Blvd. Palm Beach Gardens, FL 33418 (561) 694-5442	<u>Lindsay Davis Community Center</u> Monday - Friday Noon - Lunch 1550 W 28th Street Riviera Beach, FL 33404 (561) 840-3166 <u>Williams Multi Cultural Center</u> Monday, Wednesday, Friday Only	<u>Quiet Waters</u> Monday - Friday Noon - Lunch 306 SW 10th Street Belle Glade, FL 33430 (561) 996-7040 <u>Tanner Park Community Center</u>

	<p>Noon - Lunch 501 21 Street West Palm Beach, FL 33407 (561) 804-4930</p> <p><u>Windsor Park Apartments</u> Monday - Friday Noon - Lunch 1389 Summit Pines Blvd. West Palm Beach, FL 33415 (561) 688-2280</p>	<p>Monday - Friday Noon - Lunch 105 Dr. MLK Jr Drive South Bay, FL 33493 (561) 996-1155</p> <p><u>West County Senior Center</u> Monday - Friday 8:30 a.m. - Breakfast Noon - Lunch 2916 State Road #15 Belle Glade, FL 33430 (561) 992-4808</p>
Lake Worth	Royal Palm Beach	Pahokee
<p><u>Mid County Senior Center</u> Monday - Friday 8:15 a.m. - Breakfast Noon and 3:30 p.m. - Lunch 3680 Lake Worth Road Lake Worth, FL 33461 (561) 357-7146</p>	<p><u>Village of RPB Recreation Center</u> Monday - Friday Noon - Lunch 100 Sweet Bay Lane (561) 790-5149</p>	<p><u>Pahokee Marina</u> Tuesday, Wednesday, Thursday only Noon - Lunch 190 N. Lake Avenue Pahokee, FL 33476 (561) 924-2976</p>

For more information on services and programming, please visit <https://discover.pbcgov.org/communityservices/seniorservices/Pages/default.aspx> or contact the Senior Center closest to you.

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