

Today's MMU: Council Served More than 48,500 Children in the Last Fiscal Year

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



News

Council Served More than 48,500 Children in the Last Fiscal Year

Children's Services Council of Palm Beach County served more than 48,500 children in the last fiscal year (Oct. 1, 2021-Sept. 30, 2022), staff told the board at its January meeting. The majority of those, nearly 29,000 children, received child care, afterschool programming and summer camp scholarships. This number reflects a return close to pre-pandemic numbers. Click [here](#) to read more.

Practitioners Attend Site-Based Training to Master Lesson Planning

On January 17 Prime Time hosted an in-person site-based training at Discovery Key Elementary Afterschool Program. Practitioners were elated to be among one another for one of the first in-person trainings since the pandemic. Planning and reflection support youth in afterschool by articulating ideas, making decisions and setting goals. To close out the training, practitioners reflected on their past planning methods and what changes they can make to improve moving forward. Read more [here](#).

Free Tax Filing Program Through United Way of Palm Beach County Enters Twentieth Year

United Way of Palm Beach County's Volunteer Income Tax Assistance (VITA) program offers taxpayers with low-to-moderate incomes hybrid options to prepare and file their return for free. The program, entering its twentieth year, is an invaluable service to the community. Learn more about the program, services offered and site locations by [clicking here](#) or calling 211.

Legal Aid Society Offers Monthly ID Drives Throughout Palm Beach County

Legal Aid Society of Palm Beach County's Community ID of the Palm Beaches Program allows residents without the ability to receive a state or federally issued ID card the opportunity to receive a Community ID card. Residents are often required to prove their identify for numerous reasons

Children's Services Council Seeks Pediatric Clinics to Host DULCE Program

Children's Services Council of Palm Beach County (CSCPBC) is seeking to enter into an agreement with one or more pediatric clinics in Palm Beach County to host the Developmental Understanding and Legal Collaboration for Everyone (DULCE) program, a national initiative of the Center for the

Postpartum Care Program Now Available

Healthy Mothers Healthy Babies Coalition of Palm Beach County offers this program of extended care to assist postpartum women with finding a primary care doctor, understand the benefits of the Pregnancy Medicaid Extension and address any issues with their plan, provide access to health education, breastfeeding support

each day, and without a reliable ID may not be able to identify themselves with law enforcement, receive urgent services with schools, health centers, city departments or agencies. Community ID of the Palm Beaches will be issuing IDs in West Palm Beach, Belle Glade and Greenacres in January and February. Call **561-822-9740** for more information and to register. [Click here](#) to read more about the program.

Study of Social Policy (CSSP). DULCE is a universal, evidence-based pediatric care approach that supports healthy newborn development, partners with families of infants to meet their social and legal needs and promotes healthy communities. The selected clinic(s) will be expected to host an experienced DULCE team available to provide DULCE services at no-cost to the clinic(s). [Click here](#) for more information and instructions on how to apply.

and service referrals for mom and baby and offer support groups for new parents. To make an appointment with a Postpartum Care Coordinator, fill out a contact form [here](#).

Rhonda's Promise Resource Table Video Podcast Features United Way Mentor Training Specialist

Youth advocate Brandon Johnson discusses the importance of mentoring, as part of National Mentoring month, on the latest episode of Rhonda's Promise podcast. The Resource Table Video Podcast serves to help connect women and girls of all stages with resources and skills to enhance their lives through education and life skills. [Click here](#) to watch.



Become a Mentor to a Local Teen Mom

January is [National Mentoring Month](#) and is dedicated to elevating the power of relationships by highlighting the benefits of mentoring, discussing best practices for supporting young people and sharing inspiring stories from the field. Healthy Mothers, Healthy Babies Coalition of Palm Beach County is accepting applications for women who will dedicate their time to a local teen mom in their [Caps & Cribs Mentoring](#) program. Applications can be completed [here](#).

Meet CSC employee Mirva, Who Encourages Children to Be Whatever They Can Imagine

Meet Mirva. She's the director of program for Children's Services Council of Palm Beach County. She's also the mother of two school-age girls, who love spending time together as a family. Watch our video to hear her discuss the impact of CSC's work.

[Learn more](#)

Events

Tax-a-Thons, hosted by United Way of Palm Beach County

Saturday, February 4
8:30 a.m. - 4:00 p.m.
Palm Beach State College, Lake Worth Campus
Admissions building
4200 S. Congress Ave.
Lake Worth

AND
Monday, February 6 and Tuesday, February 7
12:30 p.m. - 6:30 p.m.

Adopt-A-Family

Jupiter Jubilee

Saturday, February 4
11:00 a.m. - 4:00 p.m.
Abacoa Community Park
1501 Frederick Small Road
Jupiter

The Jupiter Jubilee is an annual, free, family-friendly community event put on by the Town of Jupiter for area residents and includes entertainment, civic, educational and cultural components. Each year, Jupiter's unique character, history, community and

1736 Lake Worth Road
Lake Worth

A team of IRS-certified, United Way volunteers will be on site to provide free and secure tax preparation assistance for individuals and families whose household income was \$70,000 or less in 2022. VITA volunteers are trained to find taxpayers all eligible tax credits, such as the Earned Income Tax Credit (EITC). View a complete list of documents to bring with you [here](#).

Cleanup at Ocean Cay

Saturday, February 4 and every first Saturday of the month (exceptions in April, May & September)

8:00 a.m. - 10:00 a.m.

Ocean Cay Park
2188 Marcinski Road
Jupiter

Palm Beach County Parks & Recreation invites you to help clean up the beach! Grab a friend or a group and help make a difference, all while enjoying the beautiful sunshine. A continental breakfast is provided for all volunteers attending the event and everyone who participates gets a raffle ticket for prizes after the cleanup. Young Friends Cleanup for middle and high school students who are in need of community service hours takes place on the third Sunday each month from 3:00 p.m. to 5:00 p.m. To register, [click here](#). For more information, contact hello@friendsofjupiterbeach.org

National HIV Awareness Day Community Event

Tuesday, February 7

3:00 p.m. - 7:00 p.m.

St. John's Missionary Baptist Church
900 North Seacrest Blvd.
Boynton Beach

Pathways to Prosperity, in partnership with Comprehensive Health Center, COVID-19 Strike Force, and BEST IV Miami is hosting this event, offering a free food card with HIV Testing, \$25 cash card with a COVID booster shot, and free IV Infusions (limited spaces available). For more information [click here](#) or call 561-903-7743.

Palm Beach Gardens Police and Fire Public Safety Day

Saturday, February 4

10:00 a.m. - 2:00 p.m.

The Gardens - North County District Park
5101 117th Court North
Palm Beach Gardens

This family-friendly event offers an afternoon of fun and excitement, with a kids' costume contest, live demonstrations, games, activities and food trucks. Further details can be found [here](#).

Tu Bishvat in the Park

Sunday, February 12

1:00 p.m. - 3:00 p.m.

Mandel Jewish Community Center
8500 Jog Road
Boynton Beach

Alpert Jewish Family Service (JFS) invites you to celebrate this Jewish Disabilities Network program in celebration of JDAIM: Jewish Disability Awareness and Inclusion month. For more information, contact Tami.Lustig@AlpertJFS.org or visit their website [here](#).

natural treasures are highlighted. In the spirit of conservation, the Jubilee is a Green event, and vendors, exhibits and attendees are encouraged to recycle, re-use and conserve. For more information, [click here](#).

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: February Educational Calendar

February events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings in English and Spanish, childbirth classes with virtual and Spanish options, pregnancy and infant loss support groups, Circle of Dads groups in English and Spanish, prenatal yoga and a six-session support group to reduce stress, in Spanish. A calendar with details can be found [here](#).

A Day for Autism - Building Bridges with Law Enforcement Picnic

Sunday, February 26

10:00 a.m. - 1:00 p.m.

Village Park
11700 Pierson Road
Wellington

Join the Palm Beach County Sheriff's Office, the Village of Wellington & FAU CARD for a free picnic lunch and fun activities for the whole family, including a petting zoo, face painting, bounce houses, games & trackless train, arts & crafts, touch-a-truck zone, Kona Ice and a DJ. Additionally, there will be interactive opportunities with local law enforcement to include therapy dogs / Mounted unit, ATV/ Motors,

911 Bus and Fire Rescue. FAU CARD staff, community providers and local vendors will be in attendance providing information and resources for families and individuals with ASD. See flyers in [Spanish](#), [English](#) and [Creole](#). Please RSVP for the event [here](#) and indicate number of adults & children attending.

Trainings

Parenting 101: A Way of Being with Children, Center for Child Counseling

Tuesdays: January 24 to March 14
6:00 p.m. - 7:00 p.m.
Virtual

Parenting 101 is a support group for parents and caregivers of children ages three to six and provides a safe space for parents and caregivers to freely share their experiences, challenges and strengths in a confidential group setting. Parents will learn about the importance of attitude and acceptance to strengthen the parent-child relationship, child development, and parenting techniques such as reflective listening, encouragement, limit setting and choices to manage children's emotional and behavioral difficulties. The skills taught set the foundation for the life-long skill of self-regulation. The support group provides an experience where parents learn from each other's experiences and practice the techniques learned in sessions through group activities and discussions. [Click here](#) to begin the registration process.

CEO Roundtable Discussion

Thursday, February 2
5:30 p.m. - 7:30 p.m.
Virtual

Junior League of Boca Raton and Nonprofits First invite you for a session to learn the basics of branding your nonprofit. A brand is important for a nonprofit company because it helps to define and distinguish the organization from others in the same field and serves as a way for an organization to communicate its

Teacher Support Group: A Way of Being with Children, Center for Child Counseling

Tuesdays: January 24 to March 14
1:00 p.m. - 2:00 p.m.
Virtual

This Teacher Support Group provides a safe space for teachers to freely share their experiences, including challenges and strengths, within a confidential group setting. Teachers will learn about the importance of attitude and acceptance to strengthen the teacher-child relationship and techniques such as reflective listening, encouragement, limit setting, choices and behavior management in the classroom. Skills focus on emotional and behavioral development, academic success and teaching children the life-long skill of self-regulation to enhance learning in the classroom. This group provides a unique experience where teachers will learn from each other's experiences as well as process and practice the techniques learned in sessions through group discussions. [Click here](#) to begin the registration process.

Employment Training Program for Individuals Ages 16-30 with Developmental Disabilities

Monday, February 6 - September 1
Virtual

Unicorn Children's Foundation is expanding their vocational training and certification programs to support career opportunities and advancements for young adults with developmental disabilities as they enter the workforce and help them to obtain and maintain employment and increase self-

AAC Independence! FAU CARD PEPSA Training

Available February 1-28
Virtual

For Individuals requiring Augmentative and Alternative Communication, (AAC), independent communication is the desired outcome. However, for individuals with complex communication and physical needs such as people with Autism, Down Syndrome, Cerebral Palsy, Angelman Syndrome and other genetic concerns, increasing independent communication can be a more difficult task. Join this training to share experiences working with AAC communicators, their families and staff to strive for communicative independence utilizing AAC lo-tech and hi-tech systems. Strategies will be shared through cases, stories and video. [Click here](#) to register.

Small Business Bootcamp: A Free Event for All Businesses

Tuesday, Feb. 7
8:00 a.m. - 9:30 a.m.
Hispanic Chamber of Commerce of Palm Beach County
12794 Forest Hill Blvd., Suite 19
Wellington

The Hispanic Chamber of Commerce of Palm Beach County invites businesses of all sizes to join their bootcamp, presented by Bank of America. Email info@cpbchamber.com for more

values, mission and purpose to its target audience. [Click here](#) for more information and to register for this free training.

sufficiency. Program participants will have the opportunity to earn industry-standard certifications in retail, coffee or hospitality. In addition, the program will include a 20-hour pre-employment internship that provides opportunities to explore career interests while applying knowledge and skills learned in a work setting. To read more and apply, [click here](#).

information and [click here](#) to register.

Infant's Brain to the Therapist's Mind: Reflecting on How Babies Teach Us About Therapy

Thursday, Feb. 23
2:00 p.m. - 4:00 p.m.
Virtual

Florida Association for Infant Mental Health Training Academy presents this provocative two-hour interactive and video-based seminar during which Dr. Neil Boris delves into key findings regarding the development of our socio-emotional brains and establishes ways in which research in this arena informs clinical work with parents. This training is encouraged for advanced practitioners such as mental health clinicians, mental health consultants, social workers, early intervention specialists, psychiatrists, pediatricians, and nurse practitioners who work with infants, young children, and their families - especially those who align with Infant Mental Health Specialist (IMHS) or Infant Mental Health Mentor (IMHM) Endorsement categories. [Click here](#) to view fees and to register.

Endemic Times: Art & Play Therapy for Grief, Loss, and Isolation - Center for Child Counseling

Friday, Feb. 24
9:00 a.m. - 4:00 p.m.
Children's Services Council
2300 High Ridge Road
Boynton Beach

The long-term effects from the Covid-19 pandemic are being seen even now with a rise in anxiety, depression and fears in our youth. This workshop will seek to provide hands-on, experiential art and play therapy activities to help children, tweens and teens process their lived experience of grief, loss, and isolation. Participants will engage in interactive activities which can be utilized through in-person and telehealth sessions. Cost: \$125 (Early Bird Special - including 6 CEUs and contact APT CEs). [Click here](#) to register.

Coming in March: Center for Child Counseling In-Person Play Therapy Series

Friday, March 24
9:00 a.m. - 1:30 p.m.
Center for Child Counseling
8895 N. Military Trail
Palm Beach Gardens

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The first workshop focuses on termination of therapy, which is an opportunity for closure and for the client and therapist to review the personal growth that has unfolded over the course of treatment. When done successfully, the end of therapy can be a positive experience with a long-lasting impact on both the client and therapist. To learn more about the event and to register, [click here](#). Cost includes 4 CEUs and Contact APT CEs. Early bird and student discounts are available. Upcoming workshops include Child-Centered Group Play Therapy, Utilizing Sand Tray in Play Therapy: The Basics and Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



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