

# Stay #HealthySafeStrong



## Monday Morning Update February 22, 2021

### [COVID-19 Resources](#)

---

#### [Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

### **News**

---

#### **Council Update: Board approves same slate of officers**

Children's Services Council of Palm Beach County's board on Thursday voted to keep the same slate of officers for 2021: Thomas Bean as chair, Jose Luis Rodriguez as vice chair and Vincent Goodman as secretary. [Click here](#) to read

#### **Free virtual water safety presentations with Drowning Prevention Coalition**

The Drowning Prevention Coalition of Palm Beach County will be offering eight virtual water safety presentations during the month of March through the BRIDGES program. Caregivers in attendance will be eligible for the Coalition's free/reduced cost swim

#### **Notification of Funding Opportunity with PBC Division of Victim Services**

This Notification of Funding Opportunity is for the Palm Beach County Board of County Commissioners' Public Safety Department – Division of Victim Services to solicit proposals from qualifying agencies to provide services related the OVV ICJR

more about the Feb. 18 Council Meeting.

program if they have children ages 2-12 who are county residents and non-swimmers. For additional information, please call Anna Stewart at 561.616.7068.

program. The Division of Victim Services, through the PBC Board of County Commissioners, will be applying for OVW ICJR funding to enhance the County's Coordinated Community Response to domestic violence, dating violence, and stalking. We are seeking a Victim Service provider as a grant partner to help carry out the activities of the grant, if awarded. [Click here](#) to learn more.

### **Supplemental Nutrition Assistance Program (SNAP) with the Palm Beach County Library System**

The Palm Beach County Library System is partnering with the Palm Beach County (PBC) Food Bank to offer assistance with Supplemental Nutrition Assistance Program (SNAP) benefits. Benefit specialists from the PBC Food Bank will assist with the SNAP application process and conduct the food stamp interview. Specialists can also help with other benefit applications available through the ACCESS Florida system including Medicaid and Temporary Assistance for Needy Families. [Click here](#) to learn more.

### **2,500 thermometers distributed to families in Palm Beach County**

Prime Time Palm Beach County, in partnership with the United Way of Palm Beach County, distributed 2,500 thermometers to afterschool programs to provide to families with school-aged children. This would not be possible without the American Association for Caregiving Youth for making the connection to the anonymous donor. Prime Time has pivoted to offer its services and supports in a virtual capacity to ensure the safety of out-of-school time practitioners, children and families. [Click here](#) to learn more.

### **United Way of Palm Beach County Opens Taxes Filed Free Program**

Get your taxes filed free, fast, safe and secure! If your household income was \$66,000 or less in 2020, United Way of Palm Beach County is offering virtual and socially distanced income tax preparation at 12 sites across the county. This service is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. [Click here](#) or call 2-1-1 for all sites, to make an appointment and learn what items to bring.

### **Black History Month virtual activities with the Palm Beach County Library System**

The Palm Beach County Library System is hosting virtual events that honor the heritage, contributions and achievements of the African American community. This year, although events are not in-person, the Library System invite you to participate in a wide variety of events accessible through Zoom. Register and join in for the live events, or enjoy the recordings on their digital events page. [Click here](#) to learn more.

### **Palm Beach County Youth Services accepting Summer Camp Scholarship applications**

The Palm Beach County Youth Services Department is accepting parent applications for summer camp scholarships beginning January 22 through April 2. The Summer Camp Scholarship Program offers eligible children, ages 5-14 and a special population up to age 17, a full scholarship to day camp for the entire summer. The scholarship includes all tuition and fees for children residing in families with income at or below 150% of federal poverty guidelines. Parents may choose from

### **Children's Services Council Funding Opportunity**

The Children's Services Council of Palm Beach County has released a Request for Proposals (RFP) seeking to support our existing Healthy Beginnings (HB) System of Care that serves parents/caregivers of children birth to five and families expecting a child. Community-Driven Innovation (CDI) Services is a funding opportunity that gives communities the chance to determine for themselves what services or supports they need. We are looking to the community to tell us what these innovative options could, and should, be. The

participating camps in Palm Beach County. [Click here](#) to learn more and apply.

Service proposed must support parents or caregivers raising young children birth to five (0-5) and/or expecting a child and must serve Palm Beach County residents. Find more detailed information on the Scope of the Award; Eligibility Requirements; etc., on our website. A virtual Information Session will be held on February 1, 2021 at 9:00 a.m. **Deadline for submission is March 8, 2021, by 2:00 p.m.** [Click here](#) to learn more.

## NEW videos on our YouTube channel!



From expert advice on handling sibling rivalry, to helpful tips on preparing for your baby on the way, watch our new videos on our YouTube page: [YouTube.com/cscpbcc](https://www.youtube.com/cscpbcc). Please share these new videos with your community partners and networks, as well as share on your social media channels! We will continue to add new video content for sharing weekly.



[Subscribe today](#)

## Events

---

**Save the Date: Moments 2021  
Virtual Luncheon**  
May 7 - 8

**Baskets4Babies with Healthy  
Mothers, Healthy Babies**  
March 1 – March 31, 2021

**What goes on in the house,  
stays in the house: African-  
Americans and Mental Health**

## Virtual

Healthy Mothers, Healthy Babies' 8th Annual Moments celebration has been reimagined our usual luncheon gathering. In 2021, we will continue to celebrate women and their extraordinary moments throughout Palm Beach County and beyond with "bubbles" of celebrations hosted by advocates of HMHB. Moments bubbles can be in-person or virtual, whatever your comfort level is. You invite guests, and HMHB will provide all the details. [Click here](#) to learn more.

## Over the Edge: Fiscal Benefits Cliff Webinar

Friday, Feb. 26  
10 a.m. - 12 p.m.  
Virtual

Hear directly from Florida Legislators and community agencies on the Fiscal Benefits Cliff and what you can do to help. The purpose of this webinar is to increase participant's understanding about the fiscal benefit cliff, discuss how the "fiscal cliff" impacts economic mobility for individuals and families and discuss strategies that government and other organizations can use to address the issue. [Click here](#) to register.

## Virtual Event

Healthy Mothers, Healthy Babies invites all ages and groups to play along with Baskets4Babies - the agency's inaugural, completely virtual, crowdfunding event. Join a team or create your own and make a pledge of baskets to shoot during the month of March, while fundraising to support the mission of HMHB. Baskets can be made with a traditional basketball and hoop or by imagining creative ways to sink a shot – whether that's throwing paper into a recycling bin or dunking laundry into the hamper. Get started today! [Click here](#) to register and help support HMHB, one basket at a time!

## 3rd Annual Waste to Wonder Exhibition with Resource Depot

Through March 11  
Open during regular business hours  
The GalleRE at Resource Depot  
2508 Florida Ave.,  
West Palm Beach

The 3rd Annual Waste to Wonder welcomes the new year in our GalleRE with fresh artwork and revived outlook. This group show features 21 artists who transformed found objects from Resource Depot's "Warehouse of Wonder" that sparked their individual curiosity and became inspiration for new works of art for this exhibition. This show takes a dive into the world of creative reuse to answer the question - What do the objects in our lives reveal about our values, our culture, and ourselves? This exhibition is free and open to the public. Masks required for entry. [Click here](#) to learn more.

Thursday, Feb. 25  
3 p.m.  
Zoom webinar

The topic of mental health is often taboo in the African-American community. According to the Health & Human Services Office of Minority Health, Black Americans are just as likely to experience mental health problems as the general population, however significantly less likely to receive treatment due to lack of willingness, lack of access and quality of care. This session will offer a glimpse into the root of trauma and its consequences in the Black community while exploring the cultural challenges and barriers associated with seeking services. [Click here](#) to learn more.

## Great American Cleanup 2021

Saturday, April 17

The Solid Waste Authority is now accepting registrations for the Great American Cleanup 2021. You can have the option to do it on an alternative date if the date is in April or first Saturday in May only. Please indicate the alternative date on the registration form. Return your Site Registration Form by email by Friday, February 14, 2021, so that there is time to order your supplies and t-shirts. [Click here](#) for more information and to register.

### **Heroes 5K Run/Walk with Children's Home Society of Florida**

Saturday, April 24, 20121  
Okeeheelee Park  
7715 Forest Hill Blvd.,  
West Palm Beach  
7:30 a.m.

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children in your community, you'll be joining us in honoring our everyday heroes, Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! [Click here](#) to learn more and to register.

### **2021 Virtual Community Conversations: Your Voice, Your Needs**

Feb. 23  
5:30 - 7:30 p.m.  
Virtual

Birth to 22: United for Brighter Futures invites you to virtually join four upcoming Community Conversations in February. These conversations will address address what's working, what's not working, and what's needed in our communities. Featured breakout groups include access to health and wellness, achieving success in higher education, social emotional learning, ensuring safety and justice, economic access and more. Youth, young adults, parents, guardians, community based agencies, local business, and more are invited. [Click here](#) to register and learn more.

### **Community Access Program with the Norton Museum of Art**

The Norton Museum of Art is committed to making a visit to the museum welcoming, accessible, and enjoyable to all residents of the community. The regular price of admission should not be a deterrent for those who cannot afford to pay or are otherwise disadvantaged, and so the Community Access Program was formed. Working directly with Palm Beach County non-profits, civic organizations, and agencies, the Norton provides passes for free admission that may be distributed by these organizations to their clients and the populations they serve. [Click here](#) to learn more and to participate.

## **Trainings**

---

### **Experiential Explosion! Incorporating Art, Sand tray & Play Therapy Techniques Into Telehealth**

Friday, Feb. 26  
12 - 2 p.m.  
Virtual

This webinar will serve as a guide for play therapists to infuse their practice with art, play and sand tray activities that will aid in with a variety of presenting concerns, ages and situations. Play Therapists will be able to incorporate learned skills into their clinical approach and techniques into in person and online telehealth services. Ethical considerations, diversity and limitations will also be explored. [Click here](#) to learn more.

### **Unicorn Children's Foundation Virtual Classes**

There are so many virtual classes available, but where else can you find a certification course to become a Barista for only \$10? Unicorn Children's Foundation is offering Cake Decorating, Spanish, and a Breakfast Club...fun for the whole family! [Click here](#) to learn more and register.

### **Promoting Emotional Regulation in Children: Evidenced-Based Practices and Internet-Based Resources**

Wednesday, March 3  
9:30 - 11:30 a.m.

The training will explore various practical strategies derived from evidence-based practices that can promote emotional regulation in children. Internet-based resources that can be used by various practitioners engaging in remote service delivery will be highlighted. [Click here](#) for more information.

**Online Workshops to help college students destress and find success**

Feb. 23, March 9, 23 and April 13  
Virtual

Surviving college is already a challenge. But in the middle of a global pandemic?! That's why we're pleased to announce the Achieve Your Success workshop, created by Achieve's Post-High School Advising & Guidance Team.

This virtual series is open to any college-age student in Palm Beach County—regardless of whether they're even enrolled right now. [Click here](#) to learn more and to register.

**FAU CARD Little Owls Parent Training on Autism**  
Mondays and Wednesdays  
Through March 17  
10:30 - 11:30 a.m.

The training takes place on Zoom for one hour each Monday and Wednesday from 10:30 to 11:30. The class will begin on February 8 and end on March 17. Once you have completed your Eventbrite registration you will be emailed a link for the class. This free Zoom training for parents of children up to age 6 with autism covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and to register.

**Free LifePlanning® Virtual Workshop on Assistive Technology in February**  
Wednesday, Feb. 24  
2 p.m.  
Zoom

When daily tasks are too difficult to accomplish, assistive technology tools can help people with disabilities improve functional capabilities, which increases their independence. Alpert Jewish Family Services is offering the free virtual workshop "How assistive technology can facilitate daily life including school, work and home." [Click here](#) to learn more and to register.

**TEACUP Preemie Program Virtual Support Groups**

Mondays, 11:30 a.m. - English  
Thursdays, 6 p.m. - English  
Mondays, 6 p.m. - Spanish  
Virtual

The TEACUP Preemie Program of The Children's Healing Institute announces a new schedule of twice-weekly virtual support groups for 2021! Moms and dads of premature infants can join other preemie parents who understand what they're going through — because they're going through it too. Whether preemies are in the NICU or at home, the TEACUP Preemie Program invites all to join in for this special time of learning, friendship, and hope. [Click here](#) to learn more and to register.

**Introduction to Infant/Early Childhood Mental Health**

Thursday, Feb. 25  
English 12:30 p.m.  
Spanish 2 p.m.  
Virtual

The COVID-19 pandemic has made us realize how important our mental health is. Take 1 hour to learn what mental health looks like for babies & young children, and how to support them. This training with the Florida Association for Infant Mental Health is perfect for you if you wonder... "What is mental health in a baby or young child?" or "How do I help the children I care for have good mental health?" [Click here](#) to learn more and to register.

---

## Additional Resources

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

---

**Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) to review the MMU Submission Guidelines.

---

## Stay Connected!

