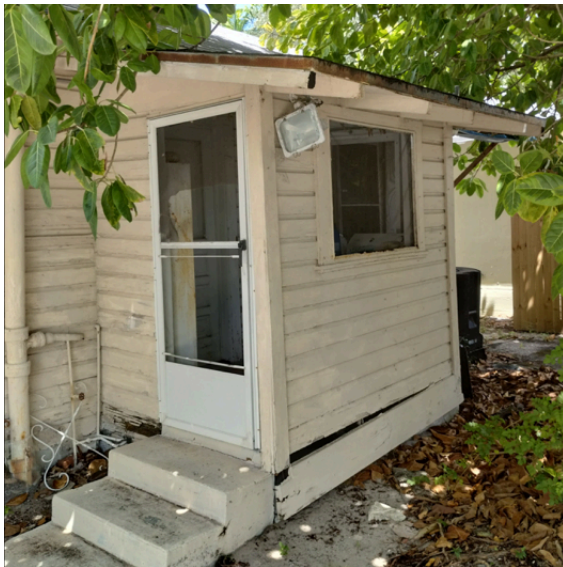# At the Intersection of Code Compliance and Compassion: A Culture of Health Story

BEFORE:

Yolanda Robinson, assistant community sustainability director of code compliance for the City of Lake Worth Beach, is well aware of the perception residents have of her office.

"Code has always been the fear division," she said.

Ms. Robinson has witnessed the anguish a violation can inflict on a household that doesn't have the financial means to take corrective action to pressure clean a mold-blackened driveway, repair a shattered window, or remove overgrown tree limbs.

Code violation may not seem like a health issue to some, but the immediate stress it creates—and the prolonged stress from living in a home in need of repair—can affect residents' mental and physical health.

What's more, researchers at RAND have found that toxic stress can increase in marginalized communities from an accumulation of despair, discrimination, and disparity, generation after generation.

They discovered that the communities with stronger social ties, a more inclusive and responsive government, and a community narrative of facing challenges and overcoming them, were the ones that responded well and recovered.

Click Here **to read about how Healthier Lake Worth Beach, a Palm Health Foundation initiative, is convening residents and local government to build a cleaner, greener, and safer Lake Worth Beach.**

AFTER:

Read More

"Because of Healthier Lake Worth Beach, we have a more compassionate side of code." – Yolanda Robinson

Final Gift Matching Opportunity
The Palm Health Foundation Nursing Scholarships Match Ends Today!

Support local nursing education by giving to *The Nursing Advancement Fund* – your gift helps local students reach their dreams.

Today is the <u>final day</u> to have your gift matched, dollar-for-dollar, by the foundation!

Give Now

More About the Match

Give to *The Nursing Advancement Fund* or any <u>named scholarship fund</u> in support of nursing students.

Your participation is more than a donation—it's an investment in the future of healthcare.

Give Now

Honoring a Trustee with a Heart of Gold

When Ruth Schwarzkopf completed her nine-year term as a Palm Health Foundation trustee in December 2023, she left a legacy that began not in the boardroom, but a ballroom.

About a decade before she joined the board, Ruth attended the foundation's inaugural Nursing Celebration at The Breakers Palm Beach. She was a hospital nursing director at the time and had never seen any significant acknowledgement of nurses anywhere. *"To have somebody say nursing is a special and unique profession and recognize the dedication and the hard work we do every day was amazing to me,"* Ruth said.

She was hooked.

Ruth advanced as a nursing leader within Tenet Health while at the same time becoming one of the foundation's most dedicated volunteers.

Read More

Palm Health Foundation
Scholarship Applications Close Feb. 1st!

Palm Health Foundation's nursing and mental/behavioral health professions scholarship applications close on February 1, 2024 – spread the word!

CLICK HERE for application details.

Palm Health Foundation
Nursing & Mental/Behavioral Health Scholarships
Administered by the George Snow Scholarship Fund

Visit **Scholarship.org** for more details

Apply Here! →

Deadline: February 1st, 2024
at 11:59 PM

Healthier Glades Awards $30,000 in "Mini-Grants" to Promote Behavioral Health

[Healthier Glades](#), a [Palm Health Foundation Healthier Together](#) initiative, has granted $30,000 in mini-grant awards to fund resident-led and grassroots organizations to develop programs focused on health and wellness, storytelling, and advocacy for youth.

Ten recipients received $3,000 each to pursue their innovative ideas that will benefit resident and youth behavioral health. Healthier Glades has awarded nearly $129,000 in grants to residents and organizations since 2019.

Learn About the Grant Recipients

"The mini-grants this year are exactly the kinds of ideas we seek to invest in—those that prioritize the experiences of people rather than systems. When we listen to the voices of our neighbors, we are valuing the human experience and the important roles we all play in building a culture of health."
– Patrick McNamara, President & CEO, Palm Health Foundation

Advancing Brain Health

Palm Health Foundation Computational Brain Health Graduate Fellows
Florida Atlantic University's Stiles-Nicholson Brain Institute has announced the second round of awardees of the "Computational Brain Science and Health Graduate Fellowships."

The Brain Health Innovation Fund at Palm Health Foundation supports five FAU Ph.D. students whose work embraces computational neuroscience.

Read More

"Through the generosity and continued support from Palm Health Foundation, talented young FAU scientists will have the opportunity to advance their important discoveries that benefit from computational approaches."

- Randy D. Blakely, Ph.D., executive director, FAU Stiles-Nicholson Brain

Institute, the David J.S. Nicholson Distinguished Professor in Neuroscience, and a professor in the Department of Biomedical Science within FAU's Schmidt College of Medicine

PBC NeuroArts Collaborative featured on "Between the Sessions" Podcast

Lauren Perry, the Associate Vice President Of Marketing and Cultural Tourism at the Cultural Council for Palm Beach County, and Dr. Bama Lutes Deal, a consultant for the PBC NeuroArts Collaborative, join a conversation on how arts and wellness impacts the meetings industry.

Listen Now

Upcoming Event

Don't miss out on this one-day conference about neurodegenerative diseases featuring nationally recognized leaders, community physicians, research experts, local vendors, and demos!

RHYTHMS FOR THE BRAIN
A NeuroArts Symposium

SATURDAY, MARCH 23, 2024
11:00AM - 4:30PM
VIP RECEPTION TO FOLLOW

Raymond F. Kravis Center for the Performing Arts
701 Okeechobee Blvd., West Palm Beach, FL 33401

TICKETS AVAILABLE NOW

Don't miss out on this one-day conference about neurodegenerative diseases featuring nationally recognized leaders, community physicians and research experts, local vendors, and demos!

GUEST OF HONOR, KEYNOTE SPEAKERS, & PANELISTS

- **SUSAN MAGSAMEN** (Guest of honor): Founder and executive director of the International Arts + Lab and author of Your Brain on Art
- **RANDY BLAKELY, PHD**: Executive Director of FAU Stiles-Nicholson Brain Institute
- **PATRICIA IZBICKI, PHD & NICOLE BAGANZ, PHD**: Neuroscientists
- **JENNIFER BUCZYNER, MD**: Neurologist
- **ARIF DALVI, MD, MBA**: Neurologist & Movement Disorder Specialist
- **CATHERINE DROURR, MD**: Internal Medicine Specialist
- **JASON HAO, DOM**: Hao Acupuncture Clinics
- **BRIAN HARRIS**: CEO and co-founder of MEDRhythms
- **DAVID LEVENTHAL**: Mark Morris Dance Group and program director and founding teacher of Dance for PD®
- **AMRE NOUH, MD, MBA**: Cleveland Clinic Florida

Sponsored by
Cleveland Clinic

Supported by
Palm Health FOUNDATION
SOUTH FLORIDA PBS
MAX PLANCK FLORIDA INSTITUTE FOR NEUROSCIENCE

Presented by
MIND MUSIC MOVEMENT FOUNDATION FOR NEUROLOGICAL DISORDERS
KRAVIS CENTER FOR THE PERFORMING ARTS

REGISTER NOW
SYMPOSIUM & VIP RECEPTION
www.m3f.org/events
or call (561) 510-8611

Learn More

Learn more about Palm Health Foundation's health advancement work by reading our Stories of Impact!