

Today's MMU: Community Changemaker Fund Grants Now Available

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To:Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update October 30, 2023

Community Changemaker Fund Grants Now Available

The Community Changemaker Fund invests in new approaches to grantmaking and in place-based practitioners, changemakers and community organizers. Palm Beach County grant makers are exploring innovative ways to support local changemakers; this fund supports that work and will honor the work of those committed to community change by directly investing in them. [Click here](#) to learn more and register and [here](#) to view a flyer to share, with qualifications, important dates such as community information and support sessions, as well as a QR code to apply. Applications are due November 16.

Emergency Food Shelter Program Phase 41 Notification

United Way of Palm Beach County's local Emergency Food Shelter Program (EFSP) Board recently announced that the Phase 41 application is now available. The EFSP was created in 1983 to supplement and expand the work of local social service agencies, both nonprofit and governmental, in an effort to help people with economic emergencies. EFSP funding is open to all organizations helping hungry and homeless people and funds must be used to supplement feeding, sheltering (including transitional sheltering), and rent/mortgage and utility assistance efforts only. Please note that the local board is not certain of the timing of national and local award announcements. The deadline for application submission is 12:00 (NOON) on Monday, November 13. All submissions must be submitted to United Way of Palm Beach County, 477 South Rosemary Avenue, Suite 230, in West Palm Beach. Applications will only be accepted by hand-delivered

Call for Workshop Presentations for 10th Annual Student Mental Health and Wellness Conference

The 10th Annual Student Mental Health and Wellness Conference is the result of collaboration between the School District of Palm Beach County, Palm Beach County agencies and individuals committed to the mental health and wellness of students and their families. The Conference Committee is soliciting workshop presentations for its conference to be held Monday, February 19, 2024 at Park Vista High School in Lake Worth. The conference will be a full-day professional development opportunity for the school district to acknowledge and support student emotional, behavioral, mental and physical wellness and is designed to attract certified school counselors and psychologists, school-based team members, school-wide Positive Behavior Support contacts, teachers, administrators and partners that work in support of student mental health and well-being. A completed Workshop Presentation Application Form

submission only, and no late proposals will be accepted. [Click here](#) to access the application and learn more. For questions, email by [clicking here](#) or call (561) 375-6671.

must be received by Tuesday, October 31 at 11:59 p.m. in order to be considered. [Click here](#) to learn more. [Click here](#) to complete an application. In addition to completing the online form, applicants must email a current resume [here](#).

Palm Beach County Parks and Recreation Community Needs Assessment

Palm Beach County is working to gather public input on your parks and recreation system through a Community Needs Assessment. You are invited to help establish the needs and priorities for parks, programs, and recreation services by attending an upcoming community meeting or visiting a virtual open house to provide feedback for parks and recreation facilities and services in your community. All meetings are open to the public and will be held at the following locations throughout the County: Green Cay Nature Center - November 8, 6:00 – 8:00 p.m.; Okeehetee Nature Center - November 9, 6:00 – 8:00 p.m.; Belle Glade Public Library - November 14, 6:00 – 8:00 p.m.; West Jupiter Community Center - November 15, 6:00 – 8:00 p.m. [Click here](#) to access the Virtual Open House. In addition to the Virtual Open House and the engagement exercises, they are also offering an online survey for members of the community to complete. [Click here](#) to access the survey, with options in English, Spanish and Creole.

Volunteer Mentors Needed for High School Students

Scholar Career Coaching's Group Mentoring Program was created to give high-potential students attending a Title I school the chance to connect with caring adults who share similar academic and/or career interests. With a minimum time commitment of just one hour a week, hybrid or virtual, you can help a student plan and pursue their dreams. There is a high need for bilingual skills in Haitian Creole or Spanish. [Click here](#) for more information and to apply.

Prime Time is Hands-On at Afterschool Programs to Promote Well-being and Life Skills

Prime Time Palm Beach County has launched their Well-Being and Life Skills initiative and is hands-on with afterschool programs to educate and assist Out of School Time (OST) professionals in bringing these practices to children and youth. Well-being has been proven to be instrumental in youth development and can be nurtured through the development of resiliency and life skills. Studies show that when youth can name emotions, thoughts and sensations they are experiencing and then reflect on them in an equitable and open environment, they are better equipped later in life to manage complex challenges in future education, work and life. Prime Time accomplishes this by teaching afterschool practitioners to embody and model these skills so they can then effectively teach them to the youth in their program. [Click here](#) to read more.

Youth Summit Committee Recruiting Youth and Adults for Planning Efforts

The Youth Summit committee is recruiting creative and self-motivated youth and adults to assist in the planning of their 2024 event. The Youth Summit provides youth with the unique opportunity to access information and resources aimed at assisting them in making better decisions and positive life choices. Palm Beach County youth are deserving to be safe, healthy, educated and prepared to succeed in their lives and careers - this has been the

United Way of Palm Beach County Seeks Volunteers to Support VITA Program

United Way of Palm Beach County is looking for volunteers to support the VITA Program during the 2024 tax season. Volunteer Income Tax Assistance (VITA) is a national program staffed by local volunteers to provide free preparation and electronic filing of tax returns. It is an important service to thousands of individuals and families in Palm Beach County with low-to-moderate incomes who are eligible for tax credits. [Click here](#) to view a flyer with more information and a QR code to sign up.

Impact 100 Palm Beach County Grant Cycle Ends This Week

Impact 100 Palm Beach County is currently accepting letters of intent from eligible nonprofits for their 2023-2024 grant cycle. They will award high-impact \$100,000 grants in five focus areas: Arts, Culture and Historic Preservation, Education, Environment and Animal Welfare, Family, and Health and Wellness. [Click here](#) for more information or email grants@impact100pbc.org with questions. Please note letters of intent will not be accepted after November 1 at 5:00 p.m.

mission of the Youth Summit since 2011. The Youth Summit committee meets via Zoom every first Wednesday of the month at 3:00 p.m. For more information, please contact Bahiam@pbso.org.

Application for Leadership Central Palm Beach Class of 2024 Now Available

Leadership Central Palm Beach is a program that focuses on key industries and governmental agencies within Palm Beach County. Whether you are new to the area, or have been in the area for years, these interactive educational field trips give participants a broader awareness of all the resources and opportunities offered within the county. [Click here](#) to read more and apply.

Pint Size Science Program Development Opportunity for Educators

The Cox Science Center and Aquarium is pleased to announce a wonderful development opportunity for early learning educators in Palm Beach County! Through the generous support of the Max M. and Marjorie S. Fisher Foundation, they are excited to offer the Pint Size Science STEAM Education Program for Early Learning. To learn about the benefits, conditions and requirements for participation in the program and to apply, [click here](#). Applications are due Friday, December 1. If your school is chosen to participate, the designated administrator will be notified.

Community Foundation Grant Seeker Sessions

Interested in learning more about the Community Foundation for Palm Beach and Martin Counties next competitive grantmaking cycle? Join an Information Session near you! Designed to help grant seekers better understand the process, requirements and new grantmaking categories for the next year, these sessions are open to all nonprofit organizations supporting Palm Beach and Martin Counties. Nonprofits of all sizes, including small and emerging nonprofits, are encouraged to apply. [Click here](#) to register for one of the following sessions:

Tuesday, December 5: Delray Beach, Wednesday, December 6: Stuart, Monday, December 11: West Palm Beach, Tuesday, December 12: Virtual, Wednesday, December 13: Belle Glade.

Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care

With holiday season fast-approaching and students looking for ways to give back, consider Students Speak Up for Kids, a division of Speak Up for Kids of Palm Beach County, whose mission is to empower local students with opportunities to serve and speak up for the children involved in the county's dependency court system. One of the ways to do this is through flexible community service projects, working with students to create service projects that reflect their own interests and help those in the foster care system, from creating self-care kits for teen girls to hosting a public speaking workshop for youth in foster care. All projects are flexible, student-led and can be completed from home on your own timeline. To learn more about how to get involved with more incredible projects like this one, [click here](#).

Are you pregnant or a soon-to-be father? Check out these videos!

Do you know CSC offers a playlist of over 30 videos on pregnancy, from counting kicks to reducing your partner's stress? [Click here](#) to view the entire pregnancy playlist!



Click this Button to
Learn More

Events

Volunteer with Feeding South Florida

Fall and Winter 2023
Multiple locations & times

Feeding South Florida is planning a series of initiatives and events over the next several months to support hunger relief efforts. The initiatives are being curated throughout the four-county service area (Broward, Miami-Dade, Palm Beach and Monroe), in hopes of engaging with local partners and friends. [Click here](#) to learn more.

Built to Thrive Summit

Thursday, November 2
10:00 a.m. - 12:00 p.m.
Virtual

The Children's Movement of Florida invites you to their fourth annual event. This fast-paced, two-hour virtual summit will elevate some of the most prominent local and national voices on healthy child development, economic self-sufficiency for families, early learning and literacy. It's a one-of-a-kind opportunity to hear from legislators, business leaders and champions for early childhood. Marica Cox Mitchell of the Bainum Family Foundation will give a keynote presentation on the mind shifts needed to make change in the early learning field. The rest of the agenda includes legislative features, a panel on the science of reading, a focus on maternal health, a conversation on fatherhood, and the latest on the role of business in supporting this field. [Click here](#) to learn more, access the lineup of speakers and register.

Confronting the Complexities of Diabetes: Annual Professional Development Symposium

Friday, November 3
8:00 a.m. - 4:30 p.m.
Manatee Lagoon
6000 N. Flagler Dr.
West Palm Beach

The Diabetes Coalition of Palm Beach County is hosting its fifth annual symposium, a continuing medical education event, for health care providers and professionals. Breakfast and lunch are included. [Click here](#) to view fees and for registration information.

Mentor Recruitment Event

Wednesday, November 8
6:00 p.m. - 7:30 p.m.
Rafiki Tiki Bar & Grill - Riviera Beach Marina
190 E. 13 St.
Riviera Beach

Join United Way of Palm Beach County to learn more about local youth programs and mentoring opportunities, all while enjoying

Meet the Orchestra Events

Saturday, November 18
11:00 a.m.
Roberts Theater at Saint Andrew's School
3900 Jog Road
Boca Raton

AND

Saturday, December 2
11:00 a.m.

Mentor Mile with United Way of Palm Beach County

Sunday, December 10
6:30 a.m.
John Prince Park
2700 6 Ave. S.
Lake Worth Beach

Join United Way of Palm Beach County for their Mentor's Center's First Annual 1-mile Walk / 5K Run! This is a family-oriented event

refreshments. [Click here](#) to view a flyer for the event and [here](#) to register.

[Countess de Hoernle Theatre at Spanish River High School](#)
5100 Jog Road
Boca Raton

Meet The Orchestra is a fun, interactive program for children through The Symphonia that provides opportunities for kids to share a classical music experience with their parents or grandparents, listen to a live orchestra, talk to conductors and musicians, learn about the instrument families that make up an orchestra and test out a few instruments at the 'Musical Instrument Petting Zoo.' This program is free for children, and adults pay a \$5.00 fee. Nonprofit groups are free of charge. To learn more and register, [click here](#).

filled with fun activities including a bouncy house, petting zoo, firetruck, vendors, music, food, and much more. [Click here](#) to sign up for the run and for volunteer opportunities and [here](#) to view a flyer for the event.

[Recurring Events:](#)

[Parenting 101 Support Group: A Way of Being with Children](#)

Second Thursdays of the month

6:00 p.m. - 7:00 p.m.

Virtual

Center for Child Counseling invites you to this group for parents of children ages three to six. You will learn to handle difficult behaviors and improve your relationship with your child. To view a flyer for this recurring group, [click here](#) and to register, [click here](#).

[Florida Atlantic University Center for Autism and Related Disabilities Events:](#)

[African American Under-Representation in Autism Initiative Meetings](#)

Every last Wednesday of the month

10:00 a.m.

Virtual

Research indicates that Black children are being misidentified, delay identified and under-identified with ASD. Without identification children will not receive appropriate educational and therapeutic services and they will not maximize their personal potential. The Black Under-Representation Initiative and Black ASD Identification Research Expansion Project helps to spread awareness and implement an action plan for change of autism in the Black community.

[Support Group: Raising Black Children with Autism](#)

Every last Wednesday of the month

6:00 p.m. - 7:00 p.m.

Virtual

This group is specifically for parents and guardians of Black children with autism, to support, encourage and be a resource on issues related to autism and the Black community. RSVP by calling **561-212-4930** or email cmckinney@fau.edu.

[Thea's Night Out - Community Respite Program](#)

Second Fridays, monthly: November 10 & December 8

6:00 p.m. - 9:30 p.m.

St. Peter's United Methodist Church

12200 Forest Hill Blvd.

Wellington

Parents are invited to drop off their children for fun activities, crafts and games and enjoy much-needed rest or a night out. This free respite program is available to families of children with special needs and their

siblings, up to age 11. Children are paired with a qualified volunteer and qualified medical supervision will be at each event. To view a flyer with more information and instructions on how to register, [click here](#).

Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions; next session November 7 - December 5
6:00 p.m. - 7:30 p.m. (times may vary up to two hours depending on project)
Lighthouse Art Center
373 Tequesta Drive
Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! [Click here](#) to register.

Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month
5:30 p.m. - 7:30 p.m.
99 SE Mizner Blvd., Ste. 120
Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

Girls Voice Task Force (GVTF) Virtual Space Meetings

Every second Thursday of the month
6:00 p.m.
Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting [@girlspsc](#) to **81010**.

Food as Medicine Workshops

Second and Fourth Saturdays, through December
10:00 a.m. - 11:00 a.m.
Riviera Beach Urban Farm and Garden
W. Blue Heron Blvd.
Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are free and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: November Educational Calendar

November events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings,

Mental Health First Aid Training Various opportunities - see links below

Mental Health First Aid (MHFA) is an eight-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind

Fearless Caregiver Conference

Wednesday, November 1
10:00 a.m. - 2:00 p.m.
Jupiter Community Center
200 Military Trail
Jupiter

Participants will learn how to balance family, work and caregiving, motivate family

childbirth classes, pregnancy and infant loss and Couples Becoming Parents support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

the program shows that MHFA builds mental health literacy, helps the public identify and understand the signs of mental illness and respond to the signs. Jewish Family Service of Palm Beach County invites those who want to learn how to provide initial help to someone who may be experiencing symptoms of mental illness or in crisis and give people the tools to help friends, family members, colleagues or others in their community. Classes are currently being scheduled for January and February of 2024. [Click here](#) to read more, [here](#) to view a flyer for youth first aid services and [here](#) for adult services. Contact Timothy Bouck, MHFA Instructor, at **561-713-1877** or tbouck@alpertjfs.org.

members to help, convince parents to stop driving and to listen to you, legally protect your aging parents and secure the future of your adult child. Lunch is included, and limited free tickets are available now! [Click here](#) to view a flyer for the event and [here](#) to register.

Built to Thrive Summit

Thursday, November 2
10:00 a.m. - 12:00 p.m.
Virtual

The Children's Movement of Florida invites you to this event, where parents, educators, business leaders and policymakers come together to build a better future for Florida's youngest children. The keynote speaker, Marica Cox Mitchell, will focus on what is really needed to make meaningful change in the world of early learning. This fast-paced, two-hour program also includes updates from legislative leaders, a panel on the science of reading, a feature on maternal health, a conversation on fatherhood, and the latest on the role of business in supporting our field. To learn more and register, [click here](#).

Filial Play Therapy

Friday, December 1
9:00 a.m. - 4:30 p.m.
Opportunity Early Childhood Education and Family Center

Center for Child Counseling offers this workshop on Filial Therapy, a highly effective intervention that integrates family therapy with play therapy to address child and family problems. Participants will learn the history and theoretical foundations of Filial Play Therapy, identify the structure and stages of filial play therapy sessions with child and parent/caregiver, list the principles of filial play therapy, use basic client-centered play therapy skills, list the stages used in Filial Play Therapy sessions, demonstrate strategies to engage with, empower and strengthen the skills of parents/caregivers in the playroom and practice Filial Play Therapy interventions in dyads and triads. A fee applies, with an early bird special until November 1. For more details and to register, [click here](#).

Florida Atlantic University Center for Autism and Related Disabilities Trainings:

Pathway to Higher Education: Navigating Social Interaction and Building Independence for High School Students with Disabilities

Available October 1 - October 31
Virtual

In this training participants will review data surrounding current status of student preparedness for higher education, areas of growth for students with disabilities specifically, and typical supports available for students in higher education. In this session, evidence-based strategies to support initiation, motivation, prioritization, time management, and other executive function skills will be explored, including the use of case study examples. A variety of evidence-based methods for promoting dynamic learning, self-awareness, self-regulation, and self-advocacy strategies to build a student's personal autonomy and social interaction abilities is discussed. Attendees will be provided with strategies ready for immediate use. [Click here](#) to reserve a spot.

November PEPSA Training: Practical Ways to Support Advocacy in Students with Disabilities: A

Guide for Parents & Educators

Available November 1 - 30

Virtual

In this Partnership for Effective Programs for Students with Autism training, participants will learn how to purposefully integrate opportunities for decision-making, reasoning and problem-solving into everyday tasks in order to promote student independence and empowerment. Registration is limited. [Click here](#) to reserve a spot.

Recurring Trainings:

Mommy Matters Virtual Series

Second Wednesdays

12:00 p.m. - 1:00 p.m. OR 6:00 p.m. - 7:00 p.m.

Virtual

Baptist Health South Florida invites you to join this educational series emphasizing mental health, breastfeeding, nutrition and more. [Click here](#) to view flyers with specific topics for next three months.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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