



Monday Morning Update

January 7, 2019

News

Star Achievement Series
Jan. 31, March 14, April 4
and May 9, 2019

**Partial Reopening of the
PBC Main Library on
Monday, January 7**

**Save the date: 2019 Birth
to 22 Business Breakfast**
Friday, April 12
7:30 a.m. networking

9 a.m. - 4 p.m.
Children's Services Council
of Palm Beach County
2300 High Ridge Rd.,
Boynton Beach

This four-day Star Achievement series is an elite training program for administrative, executive assistants and operational support staff. Designed by Joan Burge, founder and CEO of Office Dynamics, the Star Achievement training incorporates innovative methods of teaching such as interactive role playing, presentations, self-reflection exercises, team competitions, case studies, brainstorming, modeling, and more. [Click here](#) to register.

Become a peer mentor today with the Mental Health Association of Palm Beach County

If you or someone you know is a peer mentor and would like to get paid to become a certified peer mentor, then apply to the Mental Health Association of Palm beach County's Peer Mentor Program! Help others achieve their personal potential and continued growth through after care and ongoing support, supported employment, recreation, and education. [Click here](#) to learn more and apply.

Today, Jan. 7, the Palm Beach County Main Library at 3650 Summit Blvd. in West Palm Beach will reopen to the public. Construction will continue in the children and teen area and as a result, the CreationStation and the computer lab will not be available. [Click here](#) for a listing of available library services.

Free employment workshops with JFS Career & Employment Services

From first time job seekers to those in career transition, Ruth & Norman Rales Jewish Family Services offer Career and Employment Services (CES). By focusing on job candidates' individual goals, the CES Team creates customized action plans and offers support throughout the employment-seeking process. [Click here](#) for more information.

8 a.m. Start
West Palm Beach Marriott
1001 Okeechobee Blvd,
West Palm Beach

Mark your calendar for the 2019 Birth to 22 Business Breakfast to learn what's happening in Palm Beach County to shape the future for all our children. Don't miss this opportunity to hear about the progress - and the opportunities and challenges ahead. Registration, agenda, sponsorship opportunities and more information to come. [Click here](#) for the Save the Date and [click here](#) for more information about Birth to 22: United for Brighter Futures.

Apply online for legal services through Legal Aid Society of Palm Beach County

The Legal Aid Society of Palm Beach County is now accepting online applications for legal services, including Spanish and Haitian-Creole application translations. Legal matters that can be applied for online include consumer, domestic violence, education, elder law, family law, housing, immigration, low income taxpayer clinic, relative caregivers and wage disputes. Applications can be submitted by potential clients, family members or friends and social services

staff. [Click here](#) to learn more and apply.



BLOG: Nature fosters family bonding and health

Families who visit any of Palm Beach County's 80 parks and facilities can experience mental, physical and social benefits, which encourage greater bonding experiences. [Click here](#) to find a park near you! For more information, local tips and trusted advice, create a family profile on EveryParentPBC.org.

Events

All About You and Your Baby with BRIDGES

BRIDGES at Boynton Beach
970 N Seacrest Blvd,
Boynton Beach

Mothers are able to learn and share all about being a new mom while health care professionals cover a range of topics such as the benefits of breastfeeding, SIDS, home safety, having a parenting plan, healthy aerobics specifically for expecting moms and much more!

Call 561.732.2377x130 for more information. [Click here](#) to access all ten BRIDGES site calendars.

My Brother's Keeper Race to Equity Summit

Feb. 20 - 21, 2019

The My Brother's Keeper Network is a coalition of public and private entities that work together to improve life outcomes for boys and young men of color through internal agency policy review, education and employment opportunities. In partnership with Birth to 22 United for Brighter Futures, the Race to Equity Summit will convene for in-depth days of learning, inquiry and problem-solving about how best as community we can face, embrace and lead with racial equity. [Click here](#) to learn more and [click here](#) to register.

Save the date: PBC Youth Summit 2019

Saturday, April 6
10 a.m. - 4 p.m.
Palm Beach Lakes High School
3505 Shiloh Dr.,
West Palm Beach

Join local youth for a day of fun and connecting to local resources at the PBC Youth Summit 2019. Parents can attend the Parenting Workshops to learn how to talk with your teens about various topics. Morning snack and lunch will be provided. [Click here](#) to learn more.

Florida Mental Health Counselors Association Annual Conference

Dinner and Learn: New Year, New You
Tuesday, Jan. 15

Sugar Sand Park Community Center's

Jan. 31 - Feb. 2, 2019
Lake Mary, Orlando area

Join the Florida Mental Health Counselors Association (FMHCA) at the Annual Conference and earn CEU's while networking with mental health professionals. Conference tracks include ethics, domestic violence, HIV/AIDS, trauma, cultural diversity, children, adolescents and family, addiction treatment and assessment, evidenced-based and emerging practices, military and veterans and more. For more information and register, [click here](#).

5:30 - 07:30 p.m.
Madison Green Ballroom
2001 Crestwood Blvd. North
Royal Palm Beach

Start 2019 off with a new perspective on your health. Join the Women's Chamber of Commerce for a dinner and learn based on the Mediterranean Diet. Listen to cardiologist, Michael Lakow, MD, talk about the health benefits while watching a cooking demonstration. Then, enjoy a delicious meal! [Click here](#) to learn more and to register.

programs for special needs

Winter/Spring 2019
Sugar Sand Park
Community Center
300 S Military Trail
Boca Raton

Sugar Sand Park Community Center offers a variety of classes and activities for special needs children and their families like play groups, parent lectures, Sunday sensory-friendly movies, events at the Children's Science Explorium and more. [Click here](#) to view the Winter/Spring 2019 flyer.

Trainings

Fearless Caregiver Conference

Wednesday, Feb. 27
10 a.m. - 2:30 p.m.
Carolyn Sims Center
225 NW 12th Ave.,
Boynton Beach

Register for Today's Caregiver magazine's 24th annual Fearless Caregiver Workshops, a training that educates family members on how to become fearless in their caregiving efforts! This daylong workshop will focus on how caregivers can find partners with community and private resources for loved ones with Alzheimer's,

Boy Energy in Play Therapy

Friday Jan. 25
9 a.m. - 1 p.m.
Quantum Foundation
2701 N. Australian Ave.,
West Palm Beach

'Boy Energy in Play Therapy' will begin with a review of the three stages of boyhood, the role of testosterone and the differences between boys' and girls' brains. Specific activities and strategies for working with boys will be explored. Earn 4 CEU's and contact APT's. [Click here](#) for more information and how to register. Early Bird Discount of \$20 is

Loving with the Brain in Mind: A Relational-Neurobiological Approach to Couple Therapy

Feb. 11 - 12
9 a.m. - 5 p.m.
FAU Boca Raton Campus
Student Union Majestic
Palm Room
777 Glades Rd.,
Boca Raton

Distressed couples often get caught up in mutual blame and cycles of emotional reactivity. This workshop explores the psychodynamic, interpersonal, intergenerational, cultural and neurobiological

developmental disabilities, diabetes, cancer and Parkinson's. Lunch will be included. [Click here](#) to learn more and to register.

available until Jan. 11.

processes that shape these cycles. Based on the latest studies from neuroscience as well as relationship research, Dr. Fishbane presents an integrative approach that empowers couples to transform their interpersonal dynamics. [Click here](#) for more information.

KidSafe training on Sexual Abuse Prevention

Tuesday, Jan. 15
9 a.m. - 12:30 p.m.
Children's Services Council
of Palm Beach County
2300 High Ridge Rd.
Boynton Beach

KidSafe Foundations' goal is to provide adults working with children up to date research and education on how best to prevent child sexual abuse. The seminar will cover defining appropriate boundaries, language of safety to use with children and families, grooming techniques of offenders, characteristics of offenders, what to do if you suspect abuse, response to a disclosure of abuse, mandated reporting - process and issues surrounding, characteristics of a child being harmed, and much more. [Click here](#) to learn more and register.

Upcoming Touchpoints trainings for 2019

Jan. 31, Feb. 2,
March 29
9 a.m. - 5 p.m.
Children's Services Council
of Palm Beach County
2300 High Ridge Rd.
Boynton Beach

Through observation of videotapes, group discussion, and role-plays, participants will deepen their knowledge and skill in the Touchpoints Approach. By focusing on the parent-child relationship, providers will notice the parallel between themselves and the families they serve and the significance of giving up their agenda in the service of the relationship. Participants are encouraged to present case examples for group discussion on applying the Touchpoints principles and assumptions to specific cases. [Click here](#) to register for these upcoming trainings.

Next Step Program

Fridays, Jan. 18 - Mar. 29
11:30 a.m - 2 p.m.
Palm Beach State College
Lake Worth Campus, CBP
307
4200 S Congress Ave,
Lake Worth

The Dress for Success Next Step Program is now accepting applications for women 18-25 who would like to build their confidence and acquire relevant career readiness skills. This free 10-week program begins Friday, January 18th. Limited space available! [Click here](#) to learn more and to apply.

Autism Parent training in Spanish:

FAU CARD Little Owls Parent Training on Autism

Jan. 16 and Jan. 23
8:45 a.m. - 12:30 p.m.
Grandma's Place
184 Sparrow Dr.,
Royal Palm Beach

This free 2-day training for parents, grandparents of children up to age 6 with autism (or who are exploring a possible diagnosis) will be given in Spanish. The training covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and to register.

FAU CARD and the Arc of Palm Beach- Little Owls Parent Training on Autism

Saturday Feb. 2, 9, and 16
9 a.m. - 2 p.m.
1201 Australian Ave.,
Riviera Beach

This is a free 3-day training for parents and grandparents of children up to age 6 with autism or who are exploring a possible diagnosis of autism. The training covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more and register.

Boys to Men Leadership Academy

Thursday, Jan. 17
6 p.m.
Carolyn Sims Center
225 NW 12th Ave.,
Boynton Beach

Connect to Greatness, Inc. is a non-profit organization focused on empowering 6th grade African-American Boys to become change makers in the world. The Boys to Men Leadership Academy is now accepting applications for the January 2019 session. [Click here](#) for more information or call Andre Thaddies at 561.503.8455. To apply online, [click here](#).

Respite care is available
through Grandma's Place.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

[Sign up for the MMU!](#)

Stay connected!



www.cscpb.org