



**First Church of God South Bay
in Partnership with
The Glades Faith-Based Health Educators and
The American Heart Association**

INVITE YOU TO JOIN US



WHEN:	SATURDAY, FEBRUARY 18th
TIME:	10:00 AM – 12:30 PM
WHERE:	156 NW 9th Avenue South Bay, 33493



**FREE SERVICES TO BE OFFERED
Know Your Numbers – Know the Signs!**

<u>DIABETES RISK ASSESSMENT</u>	<u>BRAIN HEALTH ROCKS!</u>
<p align="center">Risk Factor Questionnaire <u>Rapid Onsite Result</u> A1C Tests No Fasting Required</p>	<p align="center">Complete FAU's Alzheimer's Disease & Related Dementias Risk Assessment Survey</p>
<p align="center">BLOOD PRESSURE READINGS BMI SCORES & KIDNEY HEALTH QUESTIONNAIRE</p>	<p align="center">LEARN & KNOW THE SIGNS</p>

EDUCATIONAL RESOURCE MATERIALS WILL ALSO BE PROVIDED



**Healthy Snacks & Drinks will be Given to All Participants
Completing the Screenings
A BIG Heart-Felt Thank You
To Healthier Glades for Donating !!!**

**For More Information, Please Contact:
Annie Ifill at 561-685-4829**