

## OCR Alert: Multi-Agency Falls Prevention Fair & Education Series

Palm Beach County Office of Community Revitalization <ocrnews@pbcgov.org>

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To:Updates <updates@gladesinitiative.org>

### **September is National Falls Prevention Awareness Month.**

#### **The “Week” is September 18-22.**

Palm Beach County Fire Rescue has partnered with the two Trauma Hospitals, Area Agency on Aging, Delray Beach Fire Rescue, West Palm Beach Fire Rescue, and Palm Beach Gardens Fire Rescue to host 5 free events in PBC. (Download [flyer](#)) (Download [Pahokee's flyer](#))

#### **Purpose of the Event:**

In Palm Beach County, falls are the leading cause of trauma. Every 11 seconds an older adult is seen in an emergency department for a fall-related injury. Many of these injuries can cause lifetime restrictions and even death. The month of September is Nationally recognized as Falls Prevention Awareness Month. A Multi-Agency Collaborative intends to bring education and access to resources that have been determined to decrease falls and promote mobility and independence during this month at facilities that see high volumes of seniors across five locations in Palm Beach County.

There will be FREE health screenings, various services and resource information, and education mini-lecture series by local physicians. And the local Fire Rescue agencies will do a brief presentation about what happens when Fire Rescue arrives on-scene when someone falls.



# Multi-Agency Falls Prevention Fair & Education Series

## Stay Strong. Stay Mobile. Stay Independent.

Gaines Park Community Center  
West Palm Beach  
September 6th 11am - 2pm

Royal Palm Beach Rec Center  
Royal Palm Beach  
September 15th 10am - 1pm

The Volen Center  
Boca Raton  
September 19th 10am - 1pm

North Palm Beach County Senior Center  
Palm Beach Gardens  
September 27th 10am-1pm

Eddie Lee Rhodes Gymnasium  
Pahokee  
September 28th 9am-12:30pm

### Free Screenings & Information

- Balance and Exercise
- Medication Safety
- Hearing and Vision
- Blood pressure
- Caregiver Support
- Grocery Assistance
- Home Safety
- And More!

### Community Partners:



# PALM BEACH HEALTH NETWORK



Area Agency on Aging  
PALM BEACH/TREASURE COAST, INC.

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