

Today's MMU:

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

Mon 5/1/2023 4:07 PM

To: Updates <updates@gladesinitiative.org>

# 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update May 1, 2023

### News

#### **Council Update: CSC to Implement Fatherhood Engagement Services**

In response to state legislation passed in 2022, Children's Services Council of Palm Beach County has contracted with Sickle Cell Foundation of Palm Beach County to directly engage with fathers to improve child well-being, staff shared with the board at its most recent meeting. Please [click here](#) to read more.

#### **CSC CEO Has New Presence on Instagram**

Lisa Williams-Taylor, CEO of Children's Services Council of Palm Beach County, invites you to connect with her on Instagram in order to follow CSC's impactful work being done within the community. Follow her @williamscsc, and follow CSC @cscpb.org.

#### **Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care**

Students Speak Up for Kids is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in Palm Beach County's dependency court system. They do this through flexible community service projects, chapters of SSUFK at local schools and fun-filled in-person events. One of their most

#### **Exceptional Student Education (ESE) Parent Survey Window Now Open**

Each year, the Florida Department of Education surveys parents of children with an individual educational plan (IEP) to determine how well districts and schools are partnering with parents and promoting parent involvement in their child's education. All states must collect these data for reporting on their State Performance Plan, as required under the Individuals with Disabilities Education Act (IDEA).

#### **Children's Services Council of Palm Beach County Job Opportunities**

Children's Services Council (CSC) seeks both an Administrative Assistant III and IV to provide extensive administrative functions and support its fast-paced environment. To read more and apply, submit a cover letter and resume [here](#) by 5:00 p.m. May 5.

notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with more incredible projects like this one, [click here](#).

Additionally, survey results will be used to help schools and districts improve services and results for children with disabilities. The survey is open to all parents of children with an IEP receiving ESE services from preschool age through grade 12. While demographic information must be collected in compliance with federal requirements, individual responses are confidential. Call **850-245-0475** with questions. [Click here](#) to take the survey.



## Tips for Toilet Training Your Child

Toilet training can be frustrating, but you and your child will get through it. Here are some quick tips from Esperanza Gomez, a Triple P (Positive Parenting Program) practitioner with the Center for Family Services of Palm Beach County.

[Click this Button to Learn More](#)

## Events

### West Tech Career Expo

Tuesday, May 2  
5:00 p.m. - 7:30 p.m.  
West Technical Education Center  
2625 NW 16 Street  
Belle Glade

West Tech students and the community of Belle Glade, South Bay and Pahokee are invited to this event to meet subcontractors and explore job opportunities in electrical, HVAC, welding, plumbing and carpentry. [Click here](#) to view a flyer for the event with information to register.

### City of Pahokee Cinco de Mayo Celebration

Saturday, May 6  
1:00 p.m. - 5:00 p.m.  
City of Pahokee Campground & Marina  
190 North Lake Avenue  
Pahokee

Come celebrate at this free event with food, music and games. For more information call **561.924.5534** and [click here](#) to view a flyer for the event.

### The Village of Wellington Hurricane Expo '23

Saturday, May 6  
9:00 a.m. - 1:00 p.m.  
Wellington Community Center  
Wellington

Grab a disaster supply kit and hear presentations by Florida Power and Light, National Weather Service, Wellington Flood Control, and homeowner's insurance updates from Allstate Insurance. The Storm Panel includes Home and Business Preparedness Planning by the American Red Cross, Learn How to Stay Informed by the Village of Wellington, Shelters and Special Needs Registry by Palm Beach County EOC and hear from Solid Waste Authority's COO. Admission is free. Contact Wellington Village Hall for more information at **561-791-4000** or **561-363-7905**.

### Healthy Mothers, Healthy Babies Tenth Annual Moments Luncheon

Thursday, May 11  
11:30 a.m. - 2:00 p.m.  
Ballenisles Country Club  
100 Ballenisles Circle  
Palm Beach Gardens

For a decade, Moments has honored all of the women in our lives – the mothers, daughters, aunts, sisters and friends who tirelessly ensure we all have moments of joy to share. Please join Healthy Mothers, Healthy Babies for this special anniversary year celebration that will feature a Q&A session with Tonya Lewis Lee, producer, film director, writer, entrepreneur and women's health advocate and facilitated by Hollani Davis of WPTV. For more information, including ticketing, [click here](#).

### Lunch and Learn Game Changer: Developing Healthy Video Game Habits in Youth

Tuesday, May 16  
11:30 a.m. - 1:00 p.m.  
Boynton Beach City Hall  
100 E. Ocean Ave.  
Boynton Beach

Parents and caregivers are invited to learn how to place limits on play times, improve communication and increase parent familiarity of games, and more! [Click here](#) to register and [click here](#) to view a flyer for the event.

### Hey Sistas Launch Party

Saturday, May 20  
6:00 p.m.- 9:00 p.m.  
Olentv Selfie Museum  
205 N Federal Hwy  
Lake Worth

"Hey Sistas" is a women's support group through Rhonda's Promise

### Afterschool Symposium 2023: Shift to Now

Friday, May 12  
8:00 a.m. - 1:00 p.m.  
West Palm Beach Marriott  
1001 Okeechobee Blvd.  
West Palm Beach

Prime Time Palm Beach County is excited to offer this annual event with the purpose of embracing the present to offer youth meaningful out-of-school time experiences. Attendees will be inspired with innovative strategies and activities that complement ways in which out-of-school time programs, practitioners and the field can "SHIFT" (Stop, Hold space, Imagine, Feel the change and Take action). Pre-register [here](#) to get placed in a drawing to win a \$50 gift card. The winner will be announced at the Advancing Afterschool Awards Luncheon on May 12 and must be present to win.

### Breastfeeding Coalition of Palm Beach County

Tuesday, May 16  
9:30 a.m. - 11:00 a.m.  
Summit Library  
3650 Summit Blvd.  
West Palm Beach

Join the Coalition's monthly meeting to enrich your knowledge, learn about resources in the community and refuel your passion and commitment to breastfeeding! Join IBCLCs, breastfeeding advocates and other professionals from across the county. [Click here](#) to learn more.

### Responding to Girls' Mental Health for Parents

Tuesday, May 23  
6:00 p.m.  
Virtual

The Girls Voice Task Force, (GVTF), is a subcommittee of the Girls Coordinating Council of Palm

### Daddy and Me Program Session

Saturday, May 13  
10:00 a.m. - 1:00 p.m.  
Norton Museum of Art  
1450 S. Dixie Hwy  
West Palm Beach

The West Palm Beach Center for Arts and Technology presents this special opportunity which includes an art activity and guest speaker. Children must be accompanied by a father or father figure. [Click here](#) to register.

### Get Your Green On Fashion Art Ball 2.0

Thursday, May 18  
5:00 p.m. - 9:00 p.m.  
Arts Warehouse  
313 NE 3rd  
Delray Beach

Don your super-hero attire at this featured event for the county-wide Get Your Green On (GYGO) mental health campaign, which aims to raise awareness by creating visible support and fostering safe spaces to talk openly about mental health and trauma. The Ball will combine fashion and the arts while shining light on mental health during Mental Health Awareness Month. The evening includes a fashion show, music, performances and mental health inspired artwork. To view a flyer for the event, [click here](#) and to reserve your spot, [click here](#).

### The Arc Summer Camp

Monday, June 5 for 7 weeks  
8:00 a.m. - 4:00 p.m.  
Belvedere Elementary School  
3000 Parker Ave.  
West Palm Beach

Registration is now open for The Arc Palm Beach County's summer

Inc. for women of color to focus on health, wellness and mental health awareness. The group will participate in fitness activities, as well as hear from expert guest speakers on health-related topics. Through the support of this program, women will work together to develop their leadership skills and find their voice to positively advocate for issues related to women's physical and mental health. [Click here](#) to register.

Beach County; a community collaborative aimed at strengthening the system of care for girls ages 12-19. [Click here](#) to register and contact [WJones@pbcgov.org](mailto:WJones@pbcgov.org) for event information.

camp for children ages 5-13. In-person assessments are required. Please [click here](#) to view a flyer in English and [here](#) for Spanish.

## [Recurring Events:](#)

### [Art Therapy Classes for Middle-School Students](#)

[Tuesdays: 7-week sessions](#)

[6:00 p.m. - 8:00 p.m.](#)

[Lighthouse Art Center](#)

[Tequesta](#)

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

### [Black Under-Representation Initiative Task Force Meetings](#)

[Every last Wednesday of the month](#)

[10:00 a.m.](#)

[Virtual](#)

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

### [Unicorn Children's Foundation Family Fun Nights](#)

[Every last Wednesday of the month](#)

[5:30 p.m. - 7:30 p.m.](#)

[99 SE Mizner Blvd., Ste. 120](#)

[Boca Raton](#)

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request.

[Click here](#) to register.

### [Girls Voice Task Force Virtual Space Meetings](#)

[Every second Thursday of the month](#)

[6:00 p.m.](#)

[Virtual](#)

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

## [Trainings](#)

## Healthy Mothers, Healthy Babies Coalition of Palm Beach County: May Educational Calendar

April events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and couples support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

### Mental Health First Aid

Tuesday, May 2  
1:00 p.m. - 3:00 p.m.  
Alpert JFS Office  
5841 Corporate Way  
West Palm Beach

Learn how to recognize and help an individual who may be experiencing a mental health or substance use crisis. This training, presented by the Melvin J. & Claire Levine LifePlanning Program and sponsored by Jewish Family Service, National Council for Mental Wellbeing and Palm Beach County Mental Health First Aid Coalition covers topics such as recognizing changes, signs and symptoms in behavior, learning how to safely and appropriately approach someone in need, recognize triggers to crises, highlights the importance of self-care and much more. Register [here](#).

### Storytelling for Nonprofits

Wednesday, May 10  
10:00 a.m. - 11:30 a.m.  
Children's Services Council  
2300 High Ridge Road  
Boynton Beach

Nonprofits First invites you to join James Coleman and Tom Elia with The Palm Beach Post to learn what they look for in choosing stories to cover. They'll share insider secrets on how to reach out to editors and reporters that will get their attention, how to submit an idea and what happens to your pitch once you do, what to include in your submission, especially regarding photos and other media and a clearer sense of why editors choose some stories over. [Click here](#) to register for this free event.

### United Way Trainings:

#### Healing the Healers

Thursday, May 11  
9:00 a.m. - 1:00 p.m.  
Virtual

In this intensive workshop, participants will learn from trainers from the Center for Child Counseling about defining the role of a healer/helper, types and causes of stress, biology and physiology of stress, exploring ACEs & their relationship to stress and well-being, impacts of stress: (1) burnout, (2) vicarious trauma, (3) compassion fatigue, challenges faced by specific groups of helpers/healers, COVID-19 and the impact on

### Transition to Kindergarten Workshops

Thursday, May 4, Friday, May 19 & Thursday,  
May 25  
2:00 p.m. - 3:00 p.m.  
Virtual

Friday, May 12  
6:00 p.m. - 7:00 p.m.  
Early Learning Coalition  
1630 South Congress Ave., Ste. 300  
Palm Springs

Wednesday, May 31  
6:00 p.m. - 7:00 p.m.  
Early Learning Coalition  
2051 Martin Luther King Junior Blvd., Ste. 300  
Riviera Beach

These workshop sessions provide information about registration and what is needed for a successful 2023 school year. These are family events for children ages four to five or entering kindergarten. Contact **561-231-5575** for information on how to register.

### Plan of Safe Care Training: State and Local Implementation of Plans of Safe Care

Tuesday, May 16  
1:00 p.m.  
Virtual

Maternal Health Learning & Innovation Center offers this webinar opportunity to learn different state and local approaches to implementing plans of safe care and connecting families to appropriate services, discuss interdisciplinary approaches to optimize plan of safe care implementation and highlight tools for implementing plans of safe care. [Click here](#) to register.

helpers/healers and self-care & resilience building.

[Click here](#) to register.

### **Positive and Adverse Childhood Experiences (PACES)**

Tuesday, May 16

6:00 p.m. - 7:30 p.m.

Virtual

Participants will learn from trainers from the Center for Child Counseling about the ACE study, outcome and findings of the ACE study, what is toxic stress and its impact on the developing brain throughout the lifespan, impact of early adversity on lifelong health - emotional and physical, what are PCEs and the difference between PCEs and ACEs and ways to create trauma-informed and resilience-building practices. [Click here](#) to register.

### **Center for Child Counseling Trainings:**

#### **In-Person Play Therapy Series**

Friday, May 5

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

#### **Ready, Reset, Grow!**

Tuesday, May 16

12:00 p.m. - 1:30 p.m.

Virtual

Join this live, online webinar to kick-start Mental Health Awareness Month. Self-care activities will be hosted alongside Children's Bereavement Center and Tomorrow's Rainbow, Inc. Cost is free, OR, \$10 for 1.5 CEUs.

[Click here](#) to register.

## **Additional Resources**

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

## **Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) review the MMU Submission Guidelines.

**Stay Connected!**



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL  
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