

Palm Beach County Youth Services Department Residential Treatment and Family Counseling Division Education and Training Center



Race-Based Implicit Bias and Microaggressions

<u>Simulive Webinar</u> Presented by Danniella Jones, Psy.D.

Join us for the pre-recorded webinar broadcast followed by a live and interactive Q & A session with Dr. Jones

Monday, December 7, 2020

10:00 am - 12:00 pm

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

No CE credits will be offered

Registration Link:

https://www.surveymonkey.com/r/QPBCC9D

Registration closes at 3:00 pm on December 3, 2020

Description:

Racial microaggressions are everyday insults, indignities, and demeaning messages sent to people of color by typically well-intentioned people who are unaware of the hidden messages being sent to them (Sue et al., 2007). While seemingly small or insignificant, for ethnic minority groups that experience these often and on a daily basis, there may be significant relational, emotional, and behavioral consequences. This intermediate presentation will define race-based implicit bias and microaggressions as well explore their impact on youth, families, and those who work with youth. Finally, it will provide strategies for increasing individual awareness of implicit bias as well as treating and responding appropriately to those impacted.

Learning Objectives:

- 1) Define racial microaggressions and implicit bias.
- 2) Describe the impact of racial microaggressions and implicit bias on the wellbeing of youth and those working with youth.
- 3) Identify ways to increase awareness of their own bias and effectively respond to impacted youth and families.





Danniella Jones, Psy.D. earned her bachelor's degree at Berry College in Rome, Georgia and her doctorate degree at Spalding University in Louisville, Kentucky. She completed her doctoral internship at Cherokee Health Systems, an integrated primary care and community mental health center in Knoxville, Tennessee and her post-doctoral fellowship with Palm Beach County Youth Services Department at Highridge Family Center. Dr. Jones is currently a psychologist at the Education and Training Center where she provides clinical supervision to doctoral trainees, conducts family therapy and psychological evaluations, and offers trainings and outreach to the community. She has conducted research related to race-based stereotypes and evidenced-based practices for treating complex trauma. She has experience working as a victim advocate in a sexual assault/domestic violence shelter and as a therapist at a center that provides services for survivors of interpersonal trauma. Her professional interests include working with high risk, underserved, and diverse youth as well as with survivors of interpersonal trauma and common comorbidities such as self-harm, substance misuse, etc.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 500 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact <u>Cristal Montepeque</u> at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460