## 35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



# Monday Morning Update February 22, 2022

Please note: Children's Services Council's offices were closed on Monday, February 21, for Presidents' Day. Instead, we've released the Monday Morning Update today, Tuesday, February 22.

#### **COVID-19 Resources**

#### Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. <u>Click here</u> for links to federal, state and local resources and as well as educational resources for your family.

#### **News**

### Birth to 22 Community Conversations

March 8, 24, 29 and April 4 5:30 - 7:30 p.m. Virtual

All are invited (youth, young adults, guardians and community partners) to join in on the virtual Birth to 22 Community Conversations. The group will go over the Birth to 22 Action Team's achievements as well as any

#### 2022 Summer Internship Opportunities with the Children's Services of Palm Beach County

Children's Services Council of Palm Beach County is excited to announce our Internship Opportunities for Summer 2022! Internships available in the following areas: Legal Affairs, Finance/Audit, Communications/Social Media,

#### Children's Services Council Employment Opportunity

Children's Services Council of Palm Beach County is seeking a program Officer (Resident/Community Engagement). This resident engagement initiative will strive to advance the connection between Children's Services Council (CSC) and local communities in Palm Beach County. This Program suggestions for improvement. Topics include:

- Achieve Success in Higher Education
- Strengthening Out of School Time (OTS)
- Ensuring Safety and Justice
- Trauma Sensitive Community
- Health and Wellness
- Education to Employment Pathways for Disconnected Youth
- Social Emotional Learning
- Economic Access
- Parenting and Role Models

<u>Click here</u> to register. For more information, contact PBC Youth Services at 561.242.5713.

Journalism, and Human Services. Undergraduate Juniors and Seniors that are US citizens or legal residents, enrolled either full or part-time in an accredited college or university (residing in Palm Beach County during internship period) are eligible to apply. The Internship Dates are June 1, 2022 through July 26, 2022. For more information, eligibility requirements and how to apply, click here. Deadline to apply is February 28, 2022 at 5:00 p.m.

Officer position will provide residents the opportunity to participate in decision making, alongside CSC staff, as it relates to CSC's Early Childhood System of Care. The Program Officer in this position will build on existing internal community engagement work and will support the organization in creating authentic, grassroots solutions to community-identified challenges and needs. To be considered, candidates must submit a cover letter and resume online by 5:00 p.m. on February 25, 2022. Click here to apply.

#### Healthy Mothers, Healthy Babies to honor local individual and group with the "Impact Award"

The Ninth Annual Moments Luncheon will honor both a local individual and a group who embody the mission of Healthy Mothers, Healthy Babies with our first-ever "Impact Awards." We want to hear your stories about those local people who are dedicated to making a positive impact in the lives of women, mothers or babies in Palm Beach County. Submitting your nomination is easy - simply click here to complete the brief nomination form. All nominations are due by March 1, 2022. Click here for more information on the Moments Luncheon.

#### Friends of Youth Services opens Alyssa Sangeeta Jacobson Scholarship for 2022 Academic Year

Friends of Youth Services and Palm Beach County, Inc. announces the call for applications for the 2022 Alyssa Sangeeta Jacobson Scholarship. The scholarship opens on February 1 and will close on March 31, 2022. The Alyssa Sangeeta Jacobson Scholarship is dedicated to those who need a little extra assistance in achieving educational goals. The scholarship provides \$1,000 per year, distributed over two semesters to each recipient, and is renewable for up to four years, depending on the degree or certificate program. The scholarship is open to graduating high school seniors and high school graduates who will attend an accredited college or technical vocational school beginning in Fall 2022. Click here to learn more.

#### **Be Well Do Well Mini Grants**

## Prime Time Palm Beach County is seeking expanded learning opportunity providers

Prime Time Palm Beach County, Inc. is seeking qualified organizations to provide highquality expanded learning opportunities for out-of-school time programs or to deliver trainthe-trainer sessions for practitioners serving school-age children and youth in out-of-school time programs in Palm Beach County, Florida. Promoting equity and diversity are important tenets of Prime Time's core values. To that end. Prime Time is seeking providers that employ culturally competent professionals, who understand that supporting the positive growth and development of children and youth requires providing what they need when they need it. Providers that embrace equity and diversity and inclusion, allow all children and youth to develop to their full potential. Click here to learn more.

#### Florida Alliance of Children's Councils & Trusts: Capitol Connection

Free tax filing through United Way of Palm Beach County!

The Florida Alliance of Children's Children's Councils and Trusts' Capitol Connection is a weekly email update sent during Legislative Session to keep you informed of all proposed legislation related to children, youth and families in Florida. This newsletter provides concise and timely information regarding current public policy issues. Click here to access the 2022 Legislative Session updates.

Be Well Do Well Mini-Grants are grants awarded to recipients to promote behavioral health and wellness for Palm Beach County residents and professionals. Through Be Well Do Well Mini-Grants. Be Well invests in the creative ideas of residents and organizations to share power and create impact. Be Well invites Palm Beach County to submit their ideas with focus on residents most in need to build more equitable and inclusive behavioral health support, promote workforce wellness, and honor resiliency and community healing. Deadline to apply is March 5. Click here to learn more and apply.

Get your taxes filed free, fast, and safe! If your household income was \$68,000 or less in 2021, United Way of Palm Beach County is offering virtual and inperson income tax preparation options. This service is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. See all tax filing options, find a site near you, make an appointment, and learn what documents to bring by clicking here or calling 211.

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## Council Update: Child care providers felt valued by CSC, partners during pandemic

A survey conducted by Children's Services Council of Palm Beach County staff and partner agencies found that early child care providers felt their input was valued during a project to provide additional short-term resources during the pandemic. Click here to read more.

## Apply for the Anquan and Dionne Boldin Scholarship

Scholarship applications for 2022 open February 1! On an annual basis, The Anquan and Dionne Boldin Scholarship Foundation awards four \$10,000 scholarships over the course of four years to high school graduates. In addition to the financial need, each student must demonstrate academic excellence and show leadership in their community. To learn more about how to apply, click here to view the application guidelines.



## Apply for a Summer Camp Scholarship today!

Now is the time to apply for Summer Camp Scholarships distributed on a first-come, first-served basis to families who might not be able to afford camp. Parents may choose from participating camps throughout Palm Beach County. The deadline to apply is April 15, 2022. Here's what you need to know to apply:

Learn more!

#### **Events**

#### REfashion Weekend Fill-A-Bag Shopping Spree with Resource Depot

Saturday, , February 26 9 a.m. - 3 p.m. Sunday, February 27 11 a.m. - 2 p.m. Resource Depot 2508 Florida Ave., West Palm Beach

Fill a bag of new-to-you clothes and Make Fashion
Circular! Resource Depot provides the bag, which you get to keep - along with anything you can fit inside. Bags will be sold at the door, but space is limited each day - reserving your bag is encouraged. Click here to learn more and to register.

#### West Palm Beach Center for Art and Technology: Free Youth Development Digital and Visual Arts Program

Tuesdays and Thursdays 3:30 - 5:30 p.m. 801 N. Railroad Ave.,

#### **SWA Run Away 5K**

Sunday, April 3 7:30 a.m. race start SWA Greenway Trail System and Education Center 7501 N. Jog Rd., West Palm Beach

The Annual SWA Run AWAY 5K celebrates the harmony of industry and nature with a trail run/walk that brings awareness to recycling and solid waste issues. Held at the Solid Waste Authority of Palm Beach County's Greenway Trail System and Education Center, the course will take runners AWAY through cabbage palms, cypress hammocks, marshes and lush pine flat woods, with glimpses of Grassy Waters Preserve and the SWA's Renewable Energy Park. Click here to learn more and to register.

#### Southeast Florida Behavioral Health Assessment Virtual Focus Groups

March 10, 14, 17, 22 Virtual

## **Deliver the Dream Upcoming Programming**

Deliver the Dream is offering the following programs in February:

- Family Game Night: Tuesday, March 15, 2022
   6:30 - 8 p.m. via Zoom. You family will come together to create your very own game.
- Family Retreats (inperson) Veterans and Families Retreat, April 29-May 1, 2022. Cerveny Conference Center, Live Oak. This retreat is for families who have been impacted by cancer.

<u>Click here</u> to learn more and to register.

### Healthy Mothers, Healthy Babies Moments

Friday, May 6, 2022 Banyan Cay Resort & Golf

Join Healthy Mothers, Healthy Babies for the Ninth Annual

#### West Palm Beach

Access FREE youth development digital and visual arts programs! Program benefits include community service hours, help create murals and installations in an artistic friendly space and learn about digital and visual arts, photography and film (TikTok). Click here to learn more and to register.

Southeast Florida Behavioral Health wants to hear from you about your behavioral and mental health experiences. There are multiple group options for the focus groups. <u>Click here</u> to learn more and to register.

Moments Luncheon. Together we will toast all of the women in our lives – the mothers, daughters. aunts, sisters, and friends who tirelessly ensure we all have moments of joy to share. Along with a brand-new location. Moments will feature an awards component that honors both a local individual and a group who embody the mission of HMHB with our first-ever "Impact Awards." We want to hear your stories about those local people who are dedicated to making a positive impact in the lives of women, mothers or babies in Palm Beach County. Click here for sponsorship, award nomination and event information.

## Operation DADucation: Father and Reading program

Wednesdays 5 - 6 p.m. or 6 - 7 p.m. Riviera Beach Library 2129 N. Congress Ave., Riviera Beach

Fathers are teachers, too! Join Operation DADucation, a father /child reading program at the Riviera Beach Library! Stop by with your child for a time of fun, learning and bonding. Open to all Riviera Beach fathers and father figures. Call or email for further

information: 561.229.2329 or sgordon@bgcpbc.org

#### Heroes 5K benefitting Children's Home Society of Florida

Sat., April 9 7:30 a.m. Okeeheelee Park 7715 Forest Hill Blvd, West Palm Beach

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children in your community, you'll be joining us in honoring our everyday heroes, Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! Click here to learn more.

#### Baskets4Babies March 1 - 31

Join Healthy Mothers, Healthy Babies for Baskets4Babies, a basketball themed crowdfunding event held throughout the month of March! Join a team or create your own and pledge to make baskets while fundraising to support the mission of HMHB. Baskets can be made with a traditional basketball and hoop or by imagining creative ways to sink a shot whether that's throwing paper into a recycling bin or dunking laundry into the hamper. Click here to access the fundraising portal, learn more about this event and help support HMHB, one basket at a time!

A Day for Autism – Building Bridges with Law Enforcement Sunday, Feb. 27 10 a.m. - 1 p.m. Book Reading and Conversation on ACEs Tuesday, Feb. 22 6 - 7:30 p.m. 2022 Palm Beach County Nancy Katz KidneyWalk Saturday, March 26 8:30 a.m. Village Park in the Village of Wellington 17000 Pierson Rd., Wellington

Families and individuals with autism & related disabilities are invited to attend A Day for Autism Building Bridges with Law Enforcement. Join the Palm Beach County Sheriff's Office, the Village of Wellington & FAU CARD for a free picnic and fun activities for the whole family: Petting Zoo, face painting, bounce house, games & trackless train, arts & crafts, touch a truck Zone, relax zone for parents and DJ. Participate in interactive opportunities with local law enforcement: K9 / Mounted, ATV/ Motors, 911 Bus and Fire Rescue. FAU CARD staff and local vendors will be in attendance providing information and resources for families and individuals with ASD. Free lunch will be provided by Bolay. Click here to RSVP/ pre-register and indicate number of adults and children attending.

#### Virtual event

Join the Center for Child Counseling for Lead the Fight: Giving Children with Trauma a Voice, featuring children's author and ACEs advocate Juleus Ghunta. This live, virtual event for system, business, philanthropic, and civic leaders aims to combat the effects of childhood trauma and adversity on families and communities through education, discourse, action, and advocacy. Click here to learn more and to register.

John Prince Park 2700 6th Ave South, Lake Worth Beach

The National Kidney Foundation of Florida will host an annual Palm Beach County KidneyWalk, which will be held this year at John Prince Park. Chronic kidney disease and end stage kidney failure are disability diagnoses and we have large number of families in the County with at least one member of the household who fall into these categories. This year we are offering options to your participation - you can join us inperson or virtually and walk your way on your own time. Click here to learn more and to register.

### **Trainings**

Operationalizing Perinatal Equity, Quality and Safety in Materno-toxic Zones - Every Person, Every Time Tuesday, April 26 11 a.m. - 1 p.m. Virtual using Zoom

Join Healthy Mothers, Healthy Babies for This two-hour workshop furthers our collective goals of eliminating perinatal disparities and provides readily-implemented tools and tweaks that will empower providers and stakeholders alike. Participants will learn about materno-toxic areas, which are areas where it is unsafe to be

Palm Beach-Treasure Coast Fearless Caregiver Conference Thursday, Feb. 24 Virtual

Today's Caregiver Magazine and caregiver.com present the 2022 Palm Beach-Treasure Coast Virtual Fearless Caregiver Conference on February 24th 2022. Your caregiving questions answered by Legal, Social Service, Healthcare, Technology and Medicare experts. Bring your questions to the experts

- Get family members to help
- Balance work, family & caregiving
- Convince Dad to stop driving

**Upcoming CSC trainings** Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Lunch and Learn with T.
   Leroy Jefferson Medical
   Society, Feb. 1 May 11
- Symposium Series: Socioculturally Attuned Family Services, Feb. 25
- Intersection of Domestic Violence, Mar. 16
- Brain Development Mar. 1 2
- Symposium Series: Autism and Cultural Considerations, Feb. 3 -Apr. 21

pregnant, breastfeeding, or parenting. Regardless of where or how the toxicity shows up, the lack of perinatal safety impacts her chances of a healthy birth outcome. Additionally, participants will

understand what Perinatal Safe Spots are and how important they are in addressing maternal and infant health disparities. Click here to learn more.

- Legally protect your loved ones
- Get support when you want it
- Persuade Mom to listen
   Receive complimentary tickets for family caregivers. <u>Click here</u> to learn more and to register.
- Cultural Humanity, Feb. 9 -April 7
- Compassion Fatigue: Power of Positivity Feb. 8 -Aug. 11
- Community Trauma and Systemic Thinking webinar, Feb. 23 and Mar. 30
- Substance Abuse Signs, Prevention and Clinical Tools, Mar. 28 - May 24
- Reflective Supervision, May 12 - Aug. 5
- Mindful Movement and Meditation June 3 and July 1
- Trauma-Informed Organizations July 5 -Aug. 26

<u>Click here</u> to view more information about these trainings and additional trainings to come.

## Healthy Mothers, Healthy Babies February educational calendar

Throughout February Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. Click here to learn more and to register.

#### Unicorn Children's Foundation Hosts 2022 In-Person and Virtual Classes

Unicorn Children's Foundation, a non-profit organization that creates cradle to career pathways for people with developmental differences, will offer in-person classes in Boca Raton, as well as virtual classes that are inclusive for everyone. Enroll in classes including Theatre & Performance, Candle Making, Learn Japanese and Graphic Design: Learning Canva. Click here to learn more and to register.

#### **Additional Resources**

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

### Do you have information for the MMU?

Email your MMU submission to <a href="mmu@cscpbc.org">mmu@cscpbc.org</a>. Click here to review the MMU Submission Guidelines.

## **Stay Connected!**

