

HOPE HEALTHCARE

Rainbow Trails Camp

2019: Friday, April 5 through Sunday, April 7

Riverside Retreat, 7305 County Rd 78

LaBelle, Florida



Healing Young Hearts

For more than two decades, Hope has offered *Rainbow Trails Camp* to children who have experienced the loss of a loved one. Each child attends the camp at no cost, to learn how to cope with the complex feelings of grief.

Children often struggle to understand their emotions and cannot always articulate and verbalize their feelings. In addition to fun camp games, there are activities designed by our specialized counselors to carefully help a child express their emotions. It is at this moment the healing can begin.

A Place to Share

Hope's annual *Rainbow Trails Camp* is designed for youth, ages 6-17, who have experienced the loss of a loved one during the past year.

The goal of *Rainbow Trails Camp* is to provide:

- An understanding of the grief process
- Skills to cope with grief and loss
- An opportunity to memorialize and say goodbye to loved ones
- A safe weekend camp experience

Learn More

We welcome anyone to learn more about the compassionate support available through *Rainbow Trails Camp*. Here's how you can:

- Call 800-835-1673 and reference Rainbow Trails Camp
- E-mail Kay.Kelly@HopeHCS.org
- Visit www.HopeHCS.org/RainbowTrailsCamp

Camp Details

Registration

Complete a camp application no later than March 8 (online at www.HopeHCS.org/RainbowTrailsCamp). After review you will receive confirmation that a reservation is held for your camper(s). *Please let us know in advance if plans change so children on the waiting list may be enrolled.*

Orientation

Parents and guardians attend an orientation meeting held prior to camp. Camp information, support and resources are offered, as well as dinner. Orientation is held at the Hope Administrative Office at HealthPark in south Fort Myers.

Transportation to Camp

Campers travel to the LaBelle camp by charter bus from the HealthPark office - departing on Friday afternoon and returning on Sunday afternoon.

Camp Counselors & Chaperones

Counselors and chaperones are Hope professionals, school counselors, teachers and volunteers who have completed a special Rainbow Trails education series.

Activities

The camp itinerary is filled with creative, stress-reducing activities including crafts, swimming and singing. While Rainbow Trails may have a serious purpose, campers will have plenty of fun.



Toll-Free 800.835.1673
www.HopeHCS.org

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Volunteering at Rainbow Trails Camp

Application deadline: February 15

Helping at Camp

Rainbow Trails is a weekend grief camp for children ages 6-17 and is provided at no charge. For over 25 years this incredible camp has changed lives and helped grieving children cope with the recent loss of their loved ones. While camp has a serious purpose, it also includes a lot of fun activities including swimming, singing, crafts and the great outdoors.

Volunteers are an important part of our camp. Working under the direction of our professional team, adults aged 18 and over can apply to help at camp. Guidance and training are provided. Volunteers help in many areas including:

- chaperone/buddy/room monitor
- recreation activities
- pre-and post-camp registration and reception
- on-site medication/first aid nurses
- kitchen staff
- safety and security

Roles are assigned to volunteers based on need and experience. Some camp volunteer roles require two overnight stays; others require only day/evening participation on the weekend. All camp volunteers must attend an orientation and training session(s) provided by Hope's camp director and bereavement counselors (dinner is served during sessions) prior to camp.

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Children often struggle to understand their emotions and cannot always articulate and verbalize their feelings. This is why, within the fun camp games, there are activities designed by our specialized counselors to carefully reveal a child's emotions. It is at this moment the healing can begin.

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Learn More

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- Call 800-835-1673, reference *Rainbow Trails Camp* or Michelle Milita
- E-mail Kay.Kelly@HopeHCS.org
- Visit www.HopeHCS.org/RainbowTrailsCamp



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