

## Today's MMU: Lost Tree Foundation Grant Cycle Now Open

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To:Updates <updates@gladesinitiative.org>

# 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update June 12, 2023

### News

#### Lost Tree Foundation Grant Cycle Now Open

Lost Tree Foundation's 2024 grant cycle is now open for requests and the letter of Inquiry (LOI) is available online. They anticipate awarding \$3.5 to \$4 million for capital projects in this cycle for organizations working in the areas of health, hunger, homelessness and education from Delray to Hobe Sound and out west to the Glades and Indiantown. Funding guidelines are located [here](#). The most recent grant awards can be viewed by clicking [here](#). [Click here](#) for submissions. Questions can be directed to [jillian@losttreefoundation.org](mailto:jillian@losttreefoundation.org). The deadline for submissions is August 15 at 11:59 p.m.

#### The Future Project Wants to Hear from County Residents

The Future Project is coming to West Palm Beach and invites you to a feedback session! The Future Project is all about imagining a new early learning future in Florida. They have traveled throughout the state, listening to parents and educators discuss their dreams and struggles. There is now a draft roadmap for the future of early learning policy and funding in Florida and they seek answers to the following questions: What did we get right? What needs to change? What are you excited to help make happen? Parents, early learning professionals, business and community leaders are all invited to attend on Thursday, June 8 from 6:30 p.m. to 8:00 p.m. at Early Learning Coalition. [Click here](#) to register and [click here](#) to read more.

#### FREE Summer Lunches for County Children Under 18 Years of Age

All Palm Beach County children ages 18 and younger are welcome to free lunches this summer! [Click here](#) to view a flyer with locations, dates and times. This program, through Palm Beach County, is in partnership with the School District of Palm Beach County.

### **Join ELC Reads: A FREE Early Literacy Program for Families**

ELC Reads is a free early literacy program that provides a set of five books for caregivers and their little ones. All books will be mailed to families, along with activities to support early literacy. By signing up, families will also get access to exclusive workshops with the Early Learning Coalition's family engagement specialists. Books will be distributed over the course of four weeks and cater to families with children aged birth to three. [Click here](#) to register. Contact **561-231-5590** for questions.

### **Fearless Caregiver Conference Offers Limited FREE Tickets for Family Caregivers**

Fearless Caregiver events provide attendees with hands-on support and training designed to help family caregivers overcome their caregiving challenges. A limited number of free tickets are being offered for the upcoming Boca-Delray Conference on July 20 at the South County Civic Center. To read more about the event, [click here](#). [Click here](#) to view a flyer for the event. To register, [click here](#) or call **954-362-8126**.

### **Volunteer Program Opportunities for Ages 15 and Up at the Fuller Center**

The Fuller Center is in need of volunteer mentors and tutors to help bridge the learning gap that many school age children have experienced as a result of the pandemic. Volunteers are always welcome and there are many ways to help! The biggest needs right now are homework helpers between the hours of 3:00 p.m. and 4:00 p.m., mentors/buddies for children ages 5-12, one-on-one or small groups with on-site and remote opportunities, and pen pals and mentors for youth ages 16-22 enrolled in the Teen Leadership Program (both on- and off-site). For more information, view a volunteer mentor recruitment flyer [here](#). Except for special events and other select activities, regular volunteer hours are between 7:30 a.m. – 5:30 p.m. Monday through Friday. If you are interested in any of the volunteer roles available, please complete and return the enrollment application, located [here](#).

### **Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care**

Looking for summer volunteer opportunities? Students Speak Up for Kids (SSUFK) is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in the County's dependency court system. They do this through flexible community service projects, chapters of SSUFK at local schools and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with other incredible projects like this one, [click here](#).

### **Mentors Needed to Assist Children in Take Stock in Children Program**

Do you aspire to be a role model? Are you passionate about making a positive impact on children's lives? Perhaps you had a significant mentor who influenced your life, and now it's your turn to pay it forward as a mentor for Take Stock in Children. As we prepare for the new school year, we require mentors from across Palm Beach County to assist our students. Apply now and participate in a mentor orientation to ensure you are prepared for the fall semester. Invest your heart in supporting students in the program, as every student who completes it and graduates high school receives a college scholarship. Upcoming virtual mentor orientation date is June 13 at 12:00 p.m. [Click here](#) to submit your online mentor application. Contact [kbriard@takestockpalmbeach.org](mailto:kbriard@takestockpalmbeach.org) with questions.

### **CSC Seeks Applications for 2023 Great Ideas Initiative (GII)**

Children's Services Council of Palm Beach County (CSC) has released a funding opportunity seeking applications for the 2023 Great Ideas Initiative (GII). CSC's Great Ideas Initiative enables us to reach into the local communities and find those organizations and programs that are making a difference in the lives of children and their families. With grants up to \$40,000, it's our way of supporting new and creative ideas and programs designed to help families succeed...right where they are. Deadline for application submission is June 27 by 12:00 p.m. (noon). Those interested in submitting an application should [click here](#) to find the GII guidelines and instructions and to apply through Foundant. Any questions should be directed to [bidsadmin@cscpb.org](mailto:bidsadmin@cscpb.org).



## Know the colors of the beach flags- Water Safety Tip

Do you know what the colors of beach flags mean? Let Buddy the Seahorse and his friends teach you what to do when you see a purple flag, a red flag, a yellow flag, a green flag or a red flag with a swimmer crossed out. For more child safety tips, download our FREE EveryParent app via the Apple and Google Play Store.

### Apple Store:

<https://itunes.apple.com/us/app/every...>

### Google Play:

<https://play.google.com/store/apps/de...>

Click this Button to  
Learn More

## Events

### Diverse Babies Day

Thursday, June 15  
9:30 a.m. -11:00 p.m.  
Virtual

Join Florida Association for Infant Mental health (FAIMH) as they celebrate diverse babies and families. FAIMH hosts Dr. Brenda Jones Harden as a keynote speaker addressing Inequities in Infancy: Promoting the development of diverse babies. This is a learning opportunity and a celebration for all who work with, or on behalf of, babies and families across Florida! A Zoom link will be included in the automated confirmation email once RSVP is received. [Click here](#) for more information and to RSVP.

### Daddy and Me Father's Day Celebration

Saturday, June 17  
10:00 a.m. -1:00 p.m.  
Pavilion at Howard Park  
1302 Parker Avenue  
West Palm Beach

West Palm Beach Center for Arts & Technology invites you to join them for the next Daddy and Me program session in honor of Father's Day. They will be serving lunch, playing games and providing gifts for the fathers. Please share this information with the men in your life. They are looking for a few great men to honor and recognize on this special holiday for their hard work and dedication to their children. [Click here](#) to view a flyer for the event and register.

### Young Voices & Advocates

Monday, June 26 to Friday, June 30  
8:30 a.m. - 3:30 p.m.  
Conference Room  
2635 Old Okeechobee Blvd.  
West Palm Beach

Teens are invited to participate in this free, one-week Summer Civics program through Youth Empowered to Prosper, where they will engage with local, elected leaders and become effective advocates for issues that matter to them. Includes a field trip and light breakfast and lunch. [Click here](#) to view a flyer with a QR code to sign up.

### Palm Beach County Food Bank: June Outreach Calendar

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs and resources. [Click here](#) view a listing of opportunities with locations, times and language services offered. [Click here](#) learn more about the Food

Bank.

### **Recurring Events:**

#### **Summer Junk Hour, with Resource Depot**

Tuesdays, June 13, 20, 27 & July 11 & 25  
10:00 a.m. - 12:00 p.m.

Resource Depot  
2508 Florida Ave.  
West Palm Beach

Junk Hour is an open-ended summer class featuring six different workshops, each with a different theme to engage students with upcycled materials and open-ended play. The first theme is cardboard city and will utilize cardboard boxes and tubes to design a cityscape. Future themes include TP Animals, Outer Space, Underwater Creatures, Junk Robots and Make a House. These sessions are geared toward school-aged students. A small fee of \$20 per student applies. [Click here](#) to sign up.

#### **Art Therapy Classes for Middle-School Students**

Tuesdays: 7-week sessions  
6:00 p.m. - 8:00 p.m.

Lighthouse Art Center  
Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

#### **Black Under-Representation Initiative Task Force Meetings**

Every last Wednesday of the month  
10:00 a.m.

Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

#### **Unicorn Children's Foundation Family Fun Nights**

Every last Wednesday of the month  
5:30 p.m. - 7:30 p.m.

99 SE Mizner Blvd., Ste. 120  
Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request.

[Click here](#) to register.

#### **Girls Voice Task Force Virtual Space Meetings**

Every second Thursday of the month  
6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbcb to **81010**.

#### **Food as Medicine Workshops**

Second and Fourth Saturdays, May - December

10:00 a.m. - 11:00 a.m.  
Riviera Beach Urban Farm and Garden  
W. Blue Heron Blvd.  
Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are FREE and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

## Trainings

### Healthy Mothers, Healthy Babies Coalition of Palm Beach County: June Educational Calendar

June events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and Circle of Dads support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

#### Advanced ACEs: Building Trauma-Informed Juvenile Justice Systems

Wednesday, June 14  
9:00 a.m. - 1:00 p.m.  
Virtual

In the absence of protective relationships, toxic stress in childhood impacts an individual's health and well-being across the lifetime. This workshop, through United Way, provides an overview of the ACE Study, trauma, toxic stress, PACEs, and the impact on health. Florida DJJ research, resilience, and building a trauma-informed approach is also explored. By building the capacity of adults in our community to address this issue, we can nurture the social-emotional wellness of the next generation. And by shifting our perspective and recognizing that behaviors may be fueled by feelings a child may not be able to manage, we can build the foundation to help children impacted by adversity. [Click here](#) to register.

#### Centering Humanity in our Journey as Diversity Informed Healers

Tuesday, June 27  
1:00 p.m. - 4:00 p.m.  
Virtual

Take a journey towards enhancing your diversity-informed practice with Dr. Barbara Stroud as she guides us to see ourselves through the lens of humanity...embracing that our humanity is our greatest healing tool. More than a training, this experience from the Florida Association for Infant Mental Health Training Academy will be a reflective exploration of the multiple identities that influence both providers and caregivers as healers. Dr. Stroud's training is open to all professionals who serve and support infants, toddlers and young children. It is right for direct service positions, managers/supervisors, leaders and policymakers. Continuing education (2 hours) for licensed clinical social workers, marriage and family therapists, mental health counselors and psychologists will be offered by the Florida Association for Infant Mental Health. [Click here](#) to register. Late registration prices start June 5.

#### All About Guardianship

Wednesday, June 28  
2:00 p.m. - 3:00 p.m.  
Virtual

This workshop from Alpert Jewish Family Service will discuss the role of a professional guardian, process to obtain a guardian, how to plan for succession of a guardianship and skills to look for in a guardianship team. [Click here](#) to register by June 26.

#### 3Ts Parenting Workshops

Mondays, July 3, 10, 24 & 31  
12:30 p.m. - 1:30 p.m.  
Virtual

The 3Ts – Tune In, Talk More, Take Turns- is a simple but powerful tool to help make the most of everyday interactions with children. Early Learning Coalition's 3Ts workshop shares resources that foster knowledge and build skills parents can use to promote foundational brain development. These workshops are for anyone who takes care of a child ages 0-3

#### In-Person Play Therapy Series

Friday, July 14  
9:00 a.m. - 4:00 p.m.  
Opportunity Early Childhood Education and Family Center  
4171 Westgate Ave.  
West Palm Beach

Join Play Therapy experts with Center for Child Counseling to learn the language of the child through this new Play Therapy Series. The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This

years old. [Click here](#) to register.

workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

### **Florida Atlantic University Center for Autism and Related Disabilities Trainings:**

#### **Transition from High School for Middle School Students with ASD**

Tuesday, June 13  
12:00 p.m. - 1:00 p.m.  
Virtual

It is never too soon to think about the future. During this training participants will discuss the transition process, guardianship, post-secondary pathways, transition programs for 18-22 year-olds, employment options, career and technical training, higher education, certificate programs, independent living skills, recreation and leisure, volunteering and safety. [Click here](#) to reserve a spot.

#### **Keeping Children With Autism Safe**

Tuesday, June 19  
12:00 p.m. - 1:00 p.m.  
Virtual

During the training, participants will learn about elopement prevention strategies and resources, understand how to support a child's safety in the home environment and in the community, obtain information about drowning prevention and swim lessons and review local and national agencies that offer safety supports and resources for children with ASD and their families. [Click here](#) to reserve a spot.

## **Additional Resources**

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

## **Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) review the MMU Submission Guidelines.

**Stay Connected!**



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