

# KNOW YOUR NUMBERS

ARE YOU, A FAMILY MEMBER, OR FRIEND AT RISK FOR DIABETES?  
**START THE NEW YEAR OFF RIGHT COME JOIN US FOR**  
**DIABETES AWARENESS DAY**



## AT PALM BEACH OUTLETS

**SATURDAY, JANUARY 19<sup>TH</sup>, 11 AM TO 3 PM**  
**1751 PALM BEACH LAKES BLVD, WEST PALM BEACH**

Hosted by the Diabetes Coalition of Palm Beach County in Partnership with Palm Beach Outlets and Palm Health Foundation



**FREE DIABETES RISK ASSESSMENTS, A1C TESTS**

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**EDUCATIONAL BOOTHS**

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**TASTY, HEALTHY, EDIBLE, EATS FEATURING CHEF JOSEF MORERA AND THE BREAKERS PALM BEACH TEAM**



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**ROCK WITH DIGITAL VIBEZ**

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**HEALTHY AND READY TO THRIVE FAMILY AND CHILDREN ACTIVITIES:  
FACE PAINTING AND ROCKIN A HEALTHY LUNCH WITH MR. CHAMP CARROT**

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**FREE RAFFLES FOR GIFT CERTIFICATES AND PRIZES**



To Learn More Visit: [www.diabetescoalitionpbc.org](http://www.diabetescoalitionpbc.org)