

Inter-Agency Network Meeting: Canceled for December 2023

IAN of PBC <patrice.schroeder+211pbtc.org@ccsend.com>

Sat 12/2/2023 3:10 PM

To:Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest "community-wide" networking groups!

December Meeting Canceled

Facilitator Patrice's mother passed on Friday December 1st, 2023.
Next meeting will be held Tuesday January 2nd 2024.

Meetings run the First
Tuesday of each month August-June

Mounts Auditorium, 531 N Military Trail,
West Palm Beach, FL 33415
(building located right on Military) Until further notice



Meeting Chat Notes

CHAT from the November IAN Meeting

Foundcare PowerPoint Presentation

[Click here to get monthly meeting invites](#)

Community Activities

Note: please reach out to the agencies themselves for any additional information- as I am merely the messenger!



211 collects seasonal lists that include Holiday Meal sites and limited Toy Distribution events
Individuals and families looking for a warm holiday meal or toy distribution events can visit www.211palmbeach.org or click on banner above. You can also download a printable pdf.

If you know of an event that is not listed, please email event details and contact information to patrice@211pbtc.org
We are also looking for winter holiday meals events and toy giveaways- please send information to the email above.

Have Fun Releasing Your Inner Elf For The Holidays!



What's Your ELF name?

The First Letter Of My First Name Is:

A- Perky	I- Kringle	O- Elfie	U- Peaches
B- Nipper	J- Puddin	P- Jingle	V- Gingerbread
C- Bubbles	K- Cookie	Q- Snowflake	W- Frisbee
D- Happy	L- Tinker	R- Jolly	X- Evergreen
E- Squeezy	M- Twinkle	S- Elvis	Y- Pinky
F- Sunny	N- Buddy	T- Sugarplum	Z- Tinsel
G- Merry			
H- Tootsie			

The Month I Was Born In Is:

JAN- Angel-Pants	JULY- Superplum
FEB- Floppy-Feet	AUG- Sugar-Socks
MAR- Plum-Pants	SEP- Pickle-Pants
APR- McJingles	OCT- Sparkley-Toes
MAY- Peppermint	NOV- Monkey-Buns
JUNE- Toe-Bells	DEC- Pointy-Toes



Learning to Work Together: Ways to Help Families Build Co-parenting Skills

Presented by Megan O'Connor-Szuma, Ph.D. Wednesday, December 6, 2023 9:30 am
- 11:30 am *Location: Zoom Remote Video Conference* Once registration is
confirmed, link to access the training will be provided

Registration Fee: There is no cost associated with this presentation Continuing
Education: No CE credits will be offered Registration

Link: <https://www.surveymonkey.com/r/33P9Q8P>

If you have trouble accessing the survey, please copy the link and paste it directly into
your browser.

Registration closes at 3:00 pm on December 5, 2023

Sign up for this year's
Winter Reading Challenge, "Where We Come From" December 1, 2023 – January 31, 2024, and earn free books and prizes:

<https://mandelpubliclibrary.beanstack.com/>

"Finance Survival Series," Wednesday, December 6, 6:30 -7:30 p.m.
<https://wpbcitylibrary.libcal.com/event/11552057>

"Empowering Entrepreneurs for Success," Wednesday, December 13, 9:45 – 10:45 a.m.

<https://wpbcitylibrary.libcal.com/event/11554180>

Women in the Workforce – "Allowing Creativity to Ignite the Soul," Wednesday, December 13, 6:30 – 8:00 p.m.

<https://wpbcitylibrary.libcal.com/event/11554271>
(in-person and via Zoom)

For our monthly resume and job assistance, please visit our job help page:
[Job Help & Resources | West Palm Beach, FL \(wpb.org\)](#)

Have a wonderful holiday season!

Also Remember To View 211's List Featuring This And Other Events top of this page or just go directly to 211palmbeach.org

Jesus Loves the Little Children

FREE TOY GIVE AWAY & FIELD DAY EVENT

Sponsored by: Taking the Nations for Jesus Ministry a not-for-profit organization

Who: All are invited

When: Saturday December 9, 2023

Time: 10:00am-2:00pm

Where: John Prince Park 2700 6th Ave. South,
Lake Worth, FL 33461 on the field at (Eric Call pavilion)

Fun for the whole family!

Come out and join us for a fun day of activities, bounce houses, cotton candy, free food, goody bags, toys, and more.

Register at: www.takingthenations.org.
For more information



www.takingthenations.org
(561) 237-5610
info@takingthenations.org

Download Flyer Here

WEST PALM BEACH MENTAL HEALTH COALITION'S

6th Annual

MENTAL HEALTH & WELLNESS RESOURCE

FESTIVAL

SAVE the
DATE!

Saturday, February 3rd, 2024

10:00 am - 2:00 pm

FREE
FOOD &
RAFFLES

Keiser University Flagship Campus- DeVos Building

2600 N Military Trail, West Palm Beach, 33409

**by bus use palmtran.org/TripPlanner*

Activities

- RESOURCE TABLES
- LOTS OF GIVE-A-WAYS
- DANCE PERFORMANCES
- ORATORS &
- MUSIC

FREE & Open to the Public

Workshops & Vendors to Include:

Bullying, Human Trafficking, Caregiving
Youth, Mental & Emotional Well-Being,
Mental Health First Aid, Housing Crisis

**Students attending can earn community service hours!*



Questions: (561) 660-8156

Vendor/Exhibitor Registration:

www.WestPalmBeachMentalHealth.com

CONCERNED ABOUT A FAMILY MEMBER OR FRIEND?



Are they thinking about suicide?

Do they:

- Talk about wanting to die
- Feel trapped or in unbearable pain
- Worry about being a burden to others
- Feel hopeless or feel they have no reason to live
- Withdraw or isolate themselves
- Increase the use of alcohol or drugs
- Feel anxious or agitated; behave recklessly
- Show rage or talking about seeking revenge
- Have extreme mood swings

NEED HELP?
Call or Text 988 to get connected

**SUICIDES IN FLORIDA
FAR OUTNUMBER HOMICIDES**

**SUICIDE ATTEMPTS WITH GUNS
ARE FAR MORE DEADLY THAN
OTHER METHODS**

**FIREARMS ARE THE LEADING
METHOD OF SUICIDE IN FLORIDA**

HELP SAVE A LIFE

- Ask directly if they are thinking about suicide and listen.
- Putting time and distance between a person thinking about suicide and a gun may save a life.
- Offer to store a firearm for your loved one until they are feeling well.
- Encourage them to keep their firearm locked and unloaded.

NEED HELP?
Call or Text 988
Press 1 for Veterans
Press 2 for Spanish



Or
Text "Talk" to 741741 for English or "Ayuda"
for Spanish

LWV LEAGUE OF WOMEN VOTERS'
OF PALM BEACH COUNTY

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If you would like to download rack card- click here

Note: 211 is the regional responder for the rebranded 988 Suicide & Crisis Lifeline. People who are experiencing a mental health, suicide crisis or struggling with substance use can dial 2-1-1 or 9-8-8, 24/7.



SY 23-24 DATES FOR ADULT EDUCATION



Palm Beach County COMMUNITY SERVICES
Helping People Build Better Communities

PALM BEACH COUNTY FLORIDA

Palm Beach County Board of County Commissioners
Gregg K. Weiss, Mayor, Maria Sachs, Vice Mayor
Maria G. Marino, Michael A. Barnett,
Marci Woodward, Sara Baxter, Mack Bernard

GBDC Entrepreneurship Institute

EMERGENCY RENTAL ASSISTANCE | **MOBILE OUTREACH**

We are excited to announce that **GBDC Entrepreneurship Institute** has partnered with the **Palm Beach County Community Service Department** to utilize our Mobile Technology Bus (#MELTBUS) in assisting Palm Beach County residents who are struggling to pay their rent, utilities, or facing housing instability by helping them apply for assistance through the Rent & Utility Assistance Program!

Our team will be available at the following locations:

DATE	TIME	LOCATION
Mondays	1:00 PM- 6:00 PM	Pompey Park
Tuesdays	1:00 PM- 6:00 PM	Bryant Park
Wednesdays	1:00 PM- 6:00 PM	Haverhill Baptist Church



ALL PEOPLE'S DAY DIVERSITY FESTIVAL

Saturday, March 30, 2024

Pompey Park, 1101 NW 2nd St, Delray Beach, FL
11am - 3pm

If you haven't already done so please save the date for the **FREE All People's Day Diversity Festival at Pompey Park** in Delray for Sat. March 30, 2024, from 11am to 3pm. Kids free Craft Dough People workshop from 9:30 to 11:00. For the first time we won't be having the festival during the school break!

I collect names and contacts all year round and put them on lists to be used by our committees in September. So email any to me with the name, email and phone. These are the categories':

- 1) If you or your business want to be Sponsors getting great perks
- 2) Sign up for a \$35 Selling Booth plus raffle prize or a free Non Selling Booth that is interactive.
- 3) To volunteer at the festival and get a free APD Tee-Shirt
- 4) Sign up for kids Ages 4 to 11 who want to attend the free Craft Dough People Workshop. Our website also has a free video so you can make this project any time.

THANKS IN ADVANCE and check out our website below to see photos of the 2023 festival and more.!

CONTINUE TO HAVE A GREAT SUMMER!

PEACE & LOVE,
Susan

Susan Berkowitz-Schwartz
Founder / President of All People's Day, Inc.
(561) 495-9818
<http://www.allpeoplesday.org>

Forum for Non Profits Radio Show
Sponsored by the Spirit of Giving Network
Radio Host: Cara Zimmerman
561-212-5528
carabeadz29@gmail.com



SPIRIT OF GIVING
Charity • Community • Collaboration

The Forum for Nonprofits is a radio show designed to provide nonprofit organizations a valuable public platform to explain the mission. An added benefit is to educate the community on your needs such as donors, volunteers and or sponsors. The show is taped every Tuesday at 11:00 am from the convenience of your phone to ours.

We would *love* the opportunity, free of charge, to highlight your organization. Looking forward to hearing from you and get you on the calendar!



Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift

- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.

your spirits while providing a sense of grounding.

Other Resources

[Building Resiliency- click here](#)

Also let someone you trust know how they can best support you...

[Vibrant Emotional Health- Safe Space](#)-for available coping tools & strategies

"We are in this together!"

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

[Unsubscribe updates@gladesinitiative.org](mailto:unsubscribe_updates@gladesinitiative.org)

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Sent by patrice.schroeder@211pbtc.org powered by



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