

**Inter-Agency Network Meeting: Tuesday October 3rd, 9:00 am**

IAN of PBC <patrice.schroeder+211pbtc.org@ccsend.com>

Tue 9/19/2023 2:54 PM

To:Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

**"Together...making a world of difference!"**



*All Are Welcome!*

Thank you for your participation in one of Palm Beach County's oldest  
"community-wide" networking groups!

**Meeting Invite For**

**October 3rd , 2023**

*Start time 9:00 am*

*Hope you had a nice Labor Day!*

Meetings run the First  
Tuesday of each month August-June

Mounts Auditorium, 531 N Military Trail,  
West Palm Beach, FL 33415  
(building located right on Military) Until further notice

**We also a hybrid meeting option:**

Zoom Link

[https://us02web.zoom.us/j/88659280348?  
pwd=QU9KQ05KSDFH0E5nbDJhQklyRENSUT09](https://us02web.zoom.us/j/88659280348?pwd=QU9KQ05KSDFH0E5nbDJhQklyRENSUT09)

[Click here for calendar, phone & other zoom info](#)



August - Guest Speakers

**Wanda Dhoray**  
**Manager of Health Equity and Navigation of the**  
**Women's Health and Education Network of Palm Beach County Inc.**

We continue to enrich the lives of underserved women and their families by partnering with faith-based organizations and healthcare providers to bring education and access to mental health care, health screenings, STD and chronic disease prevention, and additional resources to the community. WHEN OF PBC's staff is composed of nurse-led Certified Community Health Workers whose goal is to reach and meet women where there are in a culturally sensitive environment.

561 510-0971  
[whenofpbc@gmail.com](mailto:whenofpbc@gmail.com)  
401 North Rosemary Ave. West Palm Beach, FL 33401

## September Meeting Chat Notes

### ***CHAT from the September IAN Meeting***

***Allison Ford's PowerPoint Presentation - Nat. Eating Alliance***

Click here to get monthly meeting invites

## Community Activities

**Note: please reach out to the agencies themselves for any additional information- as I am merely the messenger!**

# FUTURE LEADERS LINK UP

JOIN US AT OUR NEXT  
FUTURE LEADERS MEETING !

SEPTEMBER 21, 2023  
4:30PM - 6:30PM

50 S MILITARY TRAIL,  
WEST PALM BEACH, FL 33415  
2ND FLOOR

✦ FOOD ✦ GIVEAWAYS ✦ COMMUNITY SERVICE HOURS ✦

GET YOUR  
TICKET!



UNABLE TO ATTEND THIS MEETING? NO WORRIES!  
LINK UPS ARE HELD BI-MONTHLY ON THE 3RD THURSDAY!



Palm Beach County  
Board of County Commissioners



FOR MORE INFORMATION CONTACT JAVONA WILSON

JWILSON@PBCGOV.ORG - (561)242-5705



Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education and Training Center



# Understanding Non-Suicidal Self-Injury: Facts, Figures, and How to Help

Presented by Diane Kelly Andreou, Ph.D.

Wednesday, September 27, 2023

9:30 am - 11:30 am

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

## Registration Fee:

There is no cost associated with this presentation

## Continuing Education:

2 CE credits will be offered

## Registration Link:

<https://www.surveymonkey.com/r/3BQZHX7>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

Registration closes at 3:00 pm on September 26, 2023

<https://www.surveymonkey.com/r/3BQZXH7>



# YOUTH SUMMIT

## RIDE THE W.A.V.E.

Wellness • Awareness • Visualization • Empathy

Leadership Empowerment  
Drug Prevention  
Coping Skills  
Art Expression  
Activities & Prizes

**SATURDAY  
OCTOBER 14  
9AM - 3PM**

CHILDREN'S SERVICES  
COUNCIL BUILDING  
2300 High Ridge Rd.  
Boynton Beach 33426

FREE FOR  
MIDDLE & HIGH  
SCHOOL STUDENTS

EARN 6  
COMMUNITY  
SERVICE HOURS

PARENT TRAINING  
LUNCH - GIFT CARD  
10AM TO 3PM

REGISTER BY OCTOBER 10

REGISTER HERE:  
[LINKTR.EE/PBCBHC](http://LINKTR.EE/PBCBHC)  
OR SCAN QR CODE



HELP TEENS IN NEED!  
JOIN OUR  
COMMUNITY SERVICE PROJECT.

LINK EMAILED  
AFTER REGISTRATION  
WITH ALL THE DETAILS



Educate.  
Change Minds.  
Save Lives.



2-1-1

Palm Beach and  
Treasure Coast



American  
Heart  
Association

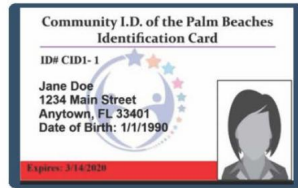


Southeast Florida  
BEHAVIORAL HEALTH NETWORK



## COMMUNITY ID OF THE PALM BEACHES

### Get your Community ID card!



**Useful for:**

- law enforcement
- health centers
- schools
- and more!

**10:00 AM – 4:00 PM :**

- September 7 and 21
- October 5 and 19

**What to bring:**

- proof of ID (passport, etc.)
- proof of residency (bill, etc.)
- \$20 fee

**Call to make an appointment: 561-655-8944, ext. 146**



411 Clematis Street  
West Palm Beach, FL 33401  
561-868-7701

[wpbcitylibrary.org](http://wpbcitylibrary.org)

City of West Palm Beach TTY: 800-955-8771



We are pleased to announce the following SEPTEMBER Community ID events:

**September 7 - Hours: 10am - 4pm**, Mandel Public Library, Auditorium, 3rd Floor, 411 Clematis Street, WPB

**September 14 - Hours: 5pm - 7pm**, Lantana Branch Library, 4020 Lantana Road, Lake Worth

**September 21 - Hours: 10am - 4pm**, Mandel Public Library, Auditorium, 3rd Floor, 411 Clematis Street, WPB

**September 26 - Hours: 5pm - 7pm**, Belle Branch Library, 725 NW Fourth Street, Belle Glade– Prior Appointment only

Attached are copies of flyers. Please feel free to disseminate.

Regards,

Sol Couto  
Program Coordinator  
Community ID of the Palm Beaches

Legal Aid Society of Palm Beach County, Inc.  
423 Fern Street, Ste 200  
West Palm Beach, FL. 33401  
Tel.: 561-655-8944 Ext. 146

MANDEL PUBLIC LIBRARY OF WEST PALM BEACH

## LIBRARY EVENTS SEPTEMBER 2023



Much more than just books.



411 Clematis Street  
West Palm Beach, FL. 33401  
(561) 868-7700; TTY: 800-955-8771  
wpbcitylibrary.org



As a reminder, resume help is available at the library at least once a week through the following monthly programs:

Mark your calendars for our **Community Resource Marketplace, Saturday, September 9, 1 – 4 p.m.** Thank you to all our community partners who will be participating in this upcoming event! (Promotional flyer coming soon!)

Attached, please find September's library events brochure, as well as handouts for special programs. This month, we look forward to bringing together our patrons and community partners for our first annual **Community Resource Marketplace, Saturday, September 9, 1-4 p.m.**

<https://wpbcitylibrary.libcal.com/event/11154716>



**Celebrate National Voter Registration Day!** The library is a designated voter registration site every day, but **Tuesday, September 19<sup>th</sup>**, we make it a little more special. Now's the time to register to vote.

## **Intro to Business Boot Camp is back!**

**From Passion to Profession, Thursday, September 21, 10 a.m. – 3 p.m.**

<https://wpbcitylibrary.libcal.com/event/11156035>

**The Nuts & Bolts of Owning a Small Business, Thursday, September 28, 10 a.m. – 3 p.m.** <https://wpbcitylibrary.libcal.com/event/11156513>

This month, we kick off the 2023-24 Women in the Workforce series with great time management tips from professional organizer Amy Bergman, **“Managing Your Calendar for Optimum Success,”** **Wednesday, September 27, 6:30-8 p.m.** <https://wpbcitylibrary.libcal.com/event/11156451>

For our monthly resume and job assistance, please visit our job help page: [Job Help & Resources | West Palm Beach, FL \(wpb.org\)](#)

Have a wonderful month!

Alyssa Rudinsky

Associate Librarian

Mandel Public Library of West Palm Beach

411 Clematis Street

West Palm Beach, FL 33401

561-868-7755

TTY: 1-800-955-8771

[ARudinsky@wpbcitylibrary.org](mailto:ARudinsky@wpbcitylibrary.org)

[wpbcitylibrary.org](http://wpbcitylibrary.org)

# ***Demystifying PTSD: Shining a Light on the Subtleties of Trauma in Military Families***

Please join Charlie Health and eHome Counseling for a continuing education webinar that explores the challenges faced by military veterans grappling with PTSD, highlighting the essential role of family support from a mental health perspective.

Event details:

**Date: Wednesday, September 27, 2023**

**Time: 2pm ET (1pm CT / 12pm MT / 11am PT)**

**[CLICK HERE TO REGISTER](#)**

In this one-credit session, participants will gain a comprehensive understanding of the challenges veterans face upon returning home and learn strategies to support their families. Our expert speakers will share valuable insights, practical guidance, and

resources for supporting veterans and their loved ones in their mental health journeys.

If you have any questions, please feel free to email:

***[amanda.adams@charliehealth.com](mailto:amanda.adams@charliehealth.com)***

We hope you can join us on Wednesday, September 27, 2023 for this important continuing education webinar.



# Free Online Citizenship Class

**September 26th to December 6th, 2023**

Prepare for the civics test and naturalization interview. A special program for immigrants living in Florida. Classes meet once a week for 10 weeks on Zoom.

Visit [learnenglish.floridaliteracy.org](https://learnenglish.floridaliteracy.org) for more information and to sign up!



SAVE  
THE  
DATE

# Children in Crisis: Interfaith Convocation on Homelessness and Hunger

8:30 am to 1 pm on Wednesday, October 11, 2023

United Methodist Church of the Palm Beaches  
900 Brandywine Road, West Palm Beach



Can't attend in person? A hybrid option will be available.  
[Register here today.](#)



43% of individuals living in Palm Beach County report that their income is not enough to meet basic living needs. While the risk of homelessness and food insecurity affects all, the impact on children can lead to lifelong issues.

[\*\*CLICK HERE TO REGISTER\*\*](#)

# Blue Mass

*for*

## All Law Enforcement Officers of All Faiths

The Mass will be celebrated by  
the Most Reverend Gerald M. Barbarito  
Bishop of Palm Beach



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**Friday,  
September 29, 2023**

**8:30 a.m.**

**Cathedral of  
St. Ignatius Loyola**

9999 N. Military Trail  
Palm Beach Gardens  
(561) 775-9529

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Law Enforcement Officers of all  
faiths are invited to attend the Mass.  
Refreshments to follow in  
the Parish Hall.

\*Please contact PBSO Captain Steven Thibodeau  
for further information at  
(561) 687-6815 or [ThibodeauS@pbsso.org](mailto:ThibodeauS@pbsso.org)



# YOU ARE CORDIALLY INVITED TO THE

## Health Care District of Palm Beach County's **RIBBON CUTTING CEREMONY**

to celebrate the opening of our newly relocated  
**Delray Community Health Center**

**Tuesday, October 10, 2023**  
**5pm - 7pm**

Join us and learn about our primary care and mental health services,  
including new outpatient addiction services.

Please **RSVP** to [khockens@hcdpbc.org](mailto:khockens@hcdpbc.org) by Friday, Sept. 29th.

Light refreshments will be served.



**200 CONGRESS PARK DR. SUITE 100, DELRAY BEACH, FL 33445**

WEST PALM BEACH MENTAL HEALTH COALITION'S

6th Annual

MENTAL HEALTH & WELLNESS RESOURCE

# FESTIVAL

SAVE the  
DATE!

Saturday, February 3rd, 2024

10:00 am - 2:00 pm

FREE  
FOOD &  
RAFFLES

Keiser University Flagship Campus- DeVos Building

2600 N Military Trail, West Palm Beach, 33409

*\*by bus use palmtran.org/TripPlanner*

## Activities

- RESOURCE TABLES
- LOTS OF GIVE-A-WAYS
- DANCE PERFORMANCES
- ORATORS &
- MUSIC

**FREE & Open to the Public**

## Workshops & Vendors to Include:

Bullying, Human Trafficking, Caregiving  
Youth, Mental & Emotional Well-Being,  
Mental Health First Aid, Housing Crisis

*\*Students attending can earn community service hours!*



Questions: (561) 660-8156

Vendor/Exhibitor Registration:

[www.WestPalmBeachMentalHealth.com](http://www.WestPalmBeachMentalHealth.com)

# CONCERNED ABOUT A FAMILY MEMBER OR FRIEND?



## Are they thinking about suicide?

Do they:

- Talk about wanting to die
- Feel trapped or in unbearable pain
- Worry about being a burden to others
- Feel hopeless or feel they have no reason to live
- Withdraw or isolate themselves
- Increase the use of alcohol or drugs
- Feel anxious or agitated; behave recklessly
- Show rage or talking about seeking revenge
- Have extreme mood swings

**NEED HELP?**  
Call or Text 988 to get connected

**SUICIDES IN FLORIDA  
FAR OUTNUMBER HOMICIDES**

**SUICIDE ATTEMPTS WITH GUNS  
ARE FAR MORE DEADLY THAN  
OTHER METHODS**

**FIREARMS ARE THE LEADING  
METHOD OF SUICIDE IN FLORIDA**

## HELP SAVE A LIFE

- Ask directly if they are thinking about suicide and listen.
- Putting time and distance between a person thinking about suicide and a gun may save a life.
- Offer to store a firearm for your loved one until they are feeling well.
- Encourage them to keep their firearm locked and unloaded.

**NEED HELP?**  
Call or Text 988  
Press 1 for Veterans  
Press 2 for Spanish



Or  
Text "Talk" to 741741 for English or "Ayuda"  
for Spanish

**LWV** LEAGUE OF WOMEN VOTERS'  
OF PALM BEACH COUNTY



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**LWV** LEAGUE OF WOMEN VOTERS  
OF PALM BEACH COUNTY

***If you would like to download rack card- click here***

Note: 211 is the regional responder for the rebranded 988 Suicide & Crisis Lifeline. People who are experiencing a mental health, suicide crisis or struggling with substance use can dial 2-1-1 or 9-8-8, 24/7.



**SY 23-24 DATES FOR ADULT EDUCATION**

[Adult Education Calendar- Click here](#)



**Palm Beach County COMMUNITY SERVICES**  
Helping People Build Better Communities

**PALM BEACH COUNTY FLORIDA**

**Palm Beach County Board of County Commissioners**  
Gregg K. Weiss, Mayor, Maria Sachs, Vice Mayor  
Maria G. Marino, Michael A. Barnett,  
Marci Woodward, Sara Baxter, Mack Bernard

**GBDC Entrepreneurship Institute**

**EMERGENCY RENTAL ASSISTANCE** | **MOBILE OUTREACH**



We are excited to announce that **GBDC Entrepreneurship Institute** has partnered with the **Palm Beach County Community Service Department** to utilize our Mobile Technology Bus (**#MELTBUS**) in assisting Palm Beach County residents who are struggling to pay their rent, utilities, or facing housing instability by helping them apply for assistance through the Rent & Utility Assistance Program!

Our team will be available at the following locations:

DATE	TIME	LOCATION
Mondays	1:00 PM- 6:00 PM	Pompey Park
Tuesdays	1:00 PM- 6:00 PM	Bryant Park
Wednesdays	1:00 PM- 6:00 PM	Haverhill Baptist Church



## ALL PEOPLE'S DAY DIVERSITY FESTIVAL

**Saturday, March 30, 2024**

Pompey Park, 1101 NW 2nd St, Delray Beach, FL  
**11am - 3pm**

If you haven't already done so please save the date for the **FREE All People's Day Diversity Festival at Pompey Park** in Delray for Sat. March 30, 2024, from 11am to 3pm. Kids free Craft Dough People workshop from 9:30 to 11:00. For the first time we won't be having the festival during the school break!

I collect names and contacts all year round and put them on lists to be used by our committees in September. So email any to me with the name, email and phone. These are the categories':

- 1) If you or your business want to be Sponsors getting great perks
- 2) Sign up for a \$35 Selling Booth plus raffle prize or a free Non Selling Booth that is interactive.
- 3) To volunteer at the festival and get a free APD Tee-Shirt
- 4) Sign up for kids Ages 4 to 11 who want to attend the free Craft Dough People Workshop. Our website also has a free video so you can make this project any time.

THANKS IN ADVANCE and check out our website below to see photos of the 2023 festival and more.!

CONTINUE TO HAVE A GREAT SUMMER!

PEACE & LOVE,  
Susan

Susan Berkowitz-Schwartz  
Founder / President of All People's Day, Inc.  
(561) 495-9818  
<http://www.allpeoplesday.org>

Forum for Non Profits Radio Show  
Sponsored by the Spirit of Giving Network  
Radio Host: Cara Zimmerman  
561-212-5528  
carabeadz29@gmail.com



**SPIRIT OF GIVING**  
Charity • Community • Collaboration

The Forum for Nonprofits is a radio show designed to provide nonprofit organizations a valuable public platform to explain the mission. An added benefit is to educate the community on your needs such as donors, volunteers and or sponsors. The show is taped every Tuesday at 11:00 am from the convenience of your phone to ours.

We would *love* the opportunity, free of charge, to highlight your organization. Looking forward to hearing from you and get you on the calendar!



## Simple Ideas & Mindfulness

### Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest



*A nice cup of hot tea & a good read...can be enhanced by nature.  
Patio, porch or park- nature can uplift*

- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.

*your spirits while providing a sense of grounding.*

## Other Resources

**[Building Resiliency- click here](#)**

*Also let someone you trust know how they can best support you...*

**[Vibrant Emotional Health- Safe Space](#)**-for available coping tools & strategies

*"We are in this together!"*

See you at the next meeting!

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

[Unsubscribe updates@gladesinitiative.org](mailto:unsubscribe@gladesinitiative.org)

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