

Today's MMU - Updated: Free Back-to-School Events for Families

Children's Services Council of Palm Beach County <mmu+cscpb.org>
<ccsend.com>

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To:Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update July 17, 2023

Please note: We are resending today's issue due to an error in a program name. It has been corrected here and we apologize for any inconvenience. Thank you.

News

Free Back-to-School Events for Families

211 Palm Beach County has rounded up a list of FREE supply events happening in the County. Some events also offer school physicals, haircuts and other activities. Please be aware that you may need to register in advance and some events are limited while supplies last. [Click here](#) to access the list of events with locations and further details. Families are encouraged to visit frequently, as the list is constantly updated. If individuals or families are looking for help with other basic needs or for crisis support they can dial **2-1-1** 24/7, or text their zip code to **898211**. Please note that Back to School Sales Tax Holiday is from July 25 to August 7. No sales tax is collected

Food Pantry Open for All Palm Beach County Residents

Palm Beach County Health Department has a food pantry open to all residents. Distribution is limited to one time per month. For questions and hours, please call each center directly. Following are locations with contact information:

Belle Glade
38754 State Rd. 80
561-992-9241

West Palm Beach
1150 45 St.
561-514-5482

Lantana
1250 Southwinds Dr.
561-547-6870

Delray

Owner Occupied Housing Rehabilitation Assistance Available to Palm Beach County Residents

Palm Beach County's Department of Housing and Economic Development (HED) announces the availability of Owner Occupied Housing Rehabilitation Program assistance (Phase I), for residents age 62 and older, veterans and/or special needs applicants. Funding will assist income eligible homeowners with substantial rehabilitation to correct code violations or incipient items that will become a code violation, eliminate housing conditions which threaten the life, health or safety of occupants, connect residents to public utilities and adapt residences to meet accessibility requirements. The online

on purchases of uniforms, clothing, footwear and certain accessories selling for \$100 or less per item and certain school supplies selling for the price of \$50 or less.

225 S. Congress Ave.
561-274-3122

application portal will open on Monday, August 21 at 8:00 a.m. and close on Monday, September 25 at 11:59 p.m. (or until 30 applications have been submitted). All applicants are required to attend a virtual, mandatory orientation. Applications must be submitted online and will be processed on a first submitted, first qualified, first served basis, subject to funding availability. For more information, a list of orientation dates and to apply, [click here](#).

Clerk's Office Warns of Jury Duty Scams

Clerk of the Circuit Court and Comptroller's Office of Palm Beach County warns County members to be wary if receiving a phone call or correspondence claiming to be from their office, threatening with fines or jail time. They encourage you to hang up, as this is a scam, and not to provide any personal information. Additionally, please report the number to your local law-enforcement agency or their office at **561-355-2996**. The Clerk's office will never contact you to harass or threaten to impose financial penalties.

West Technical Education Center Scholarships Available

West Technical Education Center in Belle Glade scholarships are now available in the following areas: CDL (Commercial Driver's License), valued at \$4,036, forklift (valued at \$200), home health aid, valued at \$681 and phlebotomy, valued at \$931. Scholarships will be awarded on a first come first served basis, and residents of Belle Glade, South Bay, Pahokee, Lak Harbor and Canal Point will be given priority and can apply today. Residents of other cities in Palm Beach, Hendry and Glades Counties can apply starting Monday, July 24. Application must be done in person at West Technical Education Center with proof of residency. For a list of accepted documentation, other required items for CDL applicants and other questions, please contact **561-829-4615** or **561-829-4603**. To read more about the school, [click here](#).

Caps and Cribs Teen Mentorship Program Expands to Support Teen Moms

Healthy Mothers, Healthy Babies Coalition of Palm Beach County's Caps & Cribs Teen Mom Mentoring program is expanding its support for young mothers in Palm Beach County! Since the program's inception, only pregnant or parenting teens enrolled in high school were eligible to receive mentoring support. Now, young moms residing in Palm Beach County are eligible to be a Caps & Cribs mentee for one year after graduation. Transitioning out of high school is a major change, and this expansion of mentoring eligibility will fill the gap to ensure young mothers have the support they need as they begin their new journey at college or in their career while caring for their child. If you are interested in changing a life by becoming a mentor or know a young mom that would benefit from the mentoring program, please consider submitting a mentor application [here](#) or a mentee application, [here](#).

CSC Healthy, Safe & Strong Fund Now Available

The Healthy Safe & Strong Fund is available from Children's Services Council (CSC) to help sponsor public awareness events, conferences and community outreach activities for children and families. The maximum to be awarded for an event is \$2,500. Applications for the fund are due at least 60 days prior to the event/activity. For more information and to access the fund application, [click here](#).

CSC Employment Opportunity

Children's Services Council of Palm Beach County is hiring an Evaluation Officer to use their expertise in data collection, analysis and reporting to understand the impact of CSC funding on child outcomes and use that knowledge to further improve the lives of children and families in Palm Beach County. This position promotes the use of evaluation from both a system and program perspective and is responsible for building capacity by engaging in

Impact the Palm Beaches' Grant Information Sessions

Each year, Impact the Palm Beaches awards \$100,000 grants to qualified nonprofits in central and northern Palm Beach County with programs and projects that ignite positive change in the community. Impact accepts grant proposals that focus on Arts & Culture, Education, Environment & Animal Welfare, Family, and Health & Wellness. Grant information sessions will be held: Monday, July 24, 9:00 a.m.- 10:00

learning conversations with a variety of stakeholders with the purpose of transforming data into action. To be considered, candidates must submit a cover letter and resume by 5:00 p.m. August 7. [Click here](#) to apply.

a.m., Wednesday, July 26, 9:00 a.m. – 10:00 a.m., Friday, July 28, 9:00 a.m. – 10:00 a.m. and Friday, July 28, 2:00 p.m. – 3:00 p.m. The sessions are not mandatory to apply for an Impact grant, but highly recommended for any new or returning nonprofit agency wanting to learn more about the Impact the Palm Beaches grant process. [Click here](#) to learn more about this year's grant process and to access the calendar and informational sessions.



Six Summer Reading Tips For Your Child

Watch this video for six tips to help encourage your elementary school student to get excited about reading this summer!

[Click this Button to Learn More](#)

Events

Fearless Caregiver Boca Delray Conference

Thursday, July 20
10:00 a.m. - 2:00 p.m.
South County Service Center
16700 Jog Road
Delray Beach

The Fearless Caregiver Conference provides practical information, advice and support for those caring for loved ones. The conference is designed to help attendees receive hands-on advice for caregiving challenges. Attendees will learn how to become a fearless member of their loved ones' care team, balance family, work & caregiving, motivate family members to help convince a parent to stop driving and persuade them to listen to you, as well as legally protect your aging parents. Lunch is included. [Click here](#) to view a flyer for the event and [here](#) to register.

Summer Junk Hour, with Resource Depot

Tuesday, July 25
10:00 a.m. - 12:00 p.m.
Resource Depot
2508 Florida Ave.
West Palm Beach

Junk Hour is an opportunity to engage students with upcycled materials and open-ended play. The theme

It Takes a Village NonProfit and Family Field Day

Saturday, July 22
11:30 a.m. - 5:00 p.m.
Gaines Park
1501 N. Australian Ave.
West Palm Beach

Love, Hope & Healing, Inc. presents this opportunity for nonprofit organizations and the families they serve to come together and spend a fun day playing games. [Click here](#) to view a flyer with more information.

End of Summer Block Party

Saturday, July 29
10:00 a.m. - 1:00 p.m.
Sunlight Community Church
1325 North A St.
Lake Worth

CROS Ministries invites you to join them to celebrate summer for music, food, haircuts, games

for this last summer session is Make a House, where students will use fun, reclaimed items to design their upcycled dream home. The session is geared toward school-aged students. A small fee of \$20 per student applies. [Click here](#) to sign up.

and more. [Click here](#) to view a flyer for the event. Contact emilyz@crosmministries.org for more information.

Palm Beach County Food Bank: July Outreach Calendar

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs and resources. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) learn more about the Food Bank.

Recurring Events:

Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions

6:00 p.m. - 8:00 p.m.

Lighthouse Art Center

Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! [Click here](#) for the ArtClub schedule with a list of topics and registration form.

Black Under-Representation Initiative Task Force Meetings

Every last Wednesday of the month

10:00 a.m.

Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email cmckinney@fau.edu.

Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month

5:30 p.m. - 7:30 p.m.

99 SE Mizner Blvd., Ste. 120

Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

Girls Voice Task Force Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbpc to **81010**.

Food as Medicine Workshops

Second and Fourth Saturdays, May - December

10:00 a.m. - 11:00 a.m.
Riviera Beach Urban Farm and Garden
W. Blue Heron Blvd.
Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are FREE and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: July Educational Calendar

July events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and Circle of Dads support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

College 101 Series for Parents

Wednesdays, July 19, 26 &
August 2
6:30 p.m. - 8:30 p.m.
Virtual

AND

Saturdays, July, 22, 29 & August 5
11:00 a.m. - 1:00 p.m.
Delray Beach Library
100 W. Atlantic Ave.
Delray Beach

Scholar Career Coaching's workshops are specifically designed to provide valuable guidance and support to immigrants and first-generation families, helping them navigate the educational journey of their students with confidence and ease. [Click here](#) to view a flyer with additional details. To learn more and register, [click here](#).

3Ts Parenting Workshops

Mondays, July 24 & 31
12:30 p.m. - 1:30 p.m.
Virtual

The 3Ts – Tune In, Talk More, Take Turns- is a simple but powerful tool to help make the most of everyday interactions with children. Early Learning Coalition's 3Ts workshop shares resources that foster knowledge and build skills parents can use to promote foundational brain development. These workshops are for anyone who takes care of a child ages 0-3 years old. [Click here](#) to register.

Practices for a Positive Pregnancy and Birth Experience

Wednesday, July 26
3:00 p.m. - 4:00 p.m.
Virtual

March of Dimes Florida and Lamaze International are partnering to host this informative webinar to help pregnant women and families feel empowered to be the most important advocate for their health and the health of their baby. This session is designed to help equip them with practices they can use to ensure they have a positive and respectful pregnancy and birth experience. [Click here](#) to register.

Supporting Couples & Their Mental Health During Pregnancy and Beyond

Friday, July 28
12:00 p.m. - 2:00 p.m.
Virtual

Healthy Mothers Healthy Babies Coalition of Palm Beach County offers this training during which participants will learn about mental health disorders during pregnancy and postpartum and their impact on perinatal couples. In addition, the training provides tools and information to enhance the quality of care and improve healthcare outcomes for parents who experience depression, anxiety and

ABLE Accounts and Special Needs Trusts

Wednesday, August 16
2:00 p.m.
Virtual

The Melvin J. and Claire Levine at Alpert Jewish Family Service offers this free opportunity to learn how to safeguard money without impacting government benefits. Topics covered include explanation of ABLE tax-free savings accounts, eligibility and cost, difference between ABLE accounts and special needs trusts, benefits and when to use each and answers to your questions on both financial tools. [Click here](#) to register. Contact

other behavioral health concerns. This training will benefit students, physicians, nurses, pregnancy care providers, mental health providers and professionals who support perinatal families. Two CEUs are available. [Click here](#) to register.

tami.lustig@alpertjfs.org or call 561-713-1917 with questions.

Recurring Trainings:

Financial Literacy Bootcamp for Teens

Tuesdays & Thursdays, July 18, 20, 25, 27 & August 1

6:00 p.m.

Virtual

This workshop is for any youth ready to begin understanding money and its responsibility in the world. These trainings are offered through Students Speak Up for Kids of Palm Beach County and are conducted by Jaisnav Rajesh at Princeton University. Space is limited. [Click here](#) to view a flyer with more information and [click here](#) to sign up.

In-Person Play Therapy Series

Friday, August 4 & September 8

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Join Play Therapy experts with Center for Child Counseling to learn the language of the child through this new Play Therapy Series. The next workshop focuses on addressing trauma through Play Therapy. This workshop will define trauma and its impact on children and families, demonstrate at least five Play Therapy activities for different developmental stages to minimize trauma symptoms, apply Play Therapy trauma narrative interventions, use therapeutic skills related to addressing trauma in the playroom, demonstrate skills for taking trauma history in the playroom and identify both directive and nondirective interventions to use in the playroom. To learn more about the event and to register, [click here](#). Includes six CEUs and Contact APT CEs. The last workshop will be Treating Trauma using TF-CBT.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) review the MMU Submission Guidelines.

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